November

GRANDVIEW GARDENS 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 Wake-up & Workout 10:15 Communion w/ OLM 10:30 Virtual. Service/Snack 11:00 Hymn Sing Along 11:30 Get up & Move 1:00 Conversation Starters 1:30 Scenic Ride Table Games/Puzzles 3:45 Sunday Stretch	**2** 9:15 Morning Zumba 11:00 Football Toss 11:30 Brain Games 1:00 Finish the Phrase 1:30 Bowling 1:45 Kitchen Creations 3:45 Stretch & Stroll Virtual Rosary	**3** 9:45 Wake-up & Workout 11:00 Baseball Target Toss 11:30 Did You Know…Trivia 1:00 Sing Along 1:30 Scenic Ride Nail/Hand Care 3:45 Chicken Target Toss	Candy Day **4** 9:45 Morning Zumba 11:00 Balloon Volley Puzzles 1:00 Higher or Lower 1:30 Crafting Circle Roll & Reminisce 3:45 Seated Yoga Virtual Rosary	Monopoly Day **5** 9:45 Morning Cardio 11:00 Knock “Em” Down 11:30 Word Associations 1:00 Ball Toss 1:30 “Free Parking/Jail” Roll Music & Scenery 3:45 Throwback Exercise Table Games	**6** 9:45 AM Exercise 10:15 Scenic Ride & Treat 10:50 Mani-Cares & Chat 1:00 Roll All Six 1:30 Corn Hole 2:00 Name that Tune 3:45 Friday Yoga & Relax 5:30 Nightcap & Movie	**7** 9:30 AM Workout 10:00 Word Games 11:00 Balloon Bash 11:30 Finish the Lyrics 1:00 Discuss & Reminisce 1:30 Live Music w/ Steve Anthony 3:45 Seated Yoga Virtual Rosary (AP)
8 9:45 Wake-up & Workout 10:15 Communion w/ OLM 10:30 Virtual. Service/Snack 11:00 Hymn Sing Along 11:30 Get up & Move 1:00 Conversation Starters 1:30 Armchair Travel Table Games/Puzzles 3:45 Sunday Stretch	Paperclip day **9** 9:15 Morning Zumba 11:00 Paperclip Drop 11:30 Brain Games 1:00 Finish the Phrase 1:30 Bowling 1:45 Kitchen Creations 2:30 Music & Munchies w/ Joan Sherlock 3:45 Stretch & Stroll Virtual Rosary	**10** 9:45 Wake-up & Workout 11:00 Baseball Target Toss 11:30 Did You Know…Trivia 1:00 Sing Along 1:30 Scenic Ride Nail/Hand Care 3:00 Faith & Friends w/ Min. Shakera 3:45 Daily Chronicle	VETERAN’S DAY **11** 9:30 Morning Zumba 11:00 Football Toss 11:30 Brain Games 1:00 Finish the Phrase 1:30 Live Music w/ Steve L. 3:00 Nails & Chronicles 4:00 Stretch & Stroll Virtual Rosary	Waffle Breakfast **12** 9:45 Morning Cardio 11:00 Knock “Em” Down 11:30 Word Associations 1:00 High Rollers 1:30 Corn Hole Music & Scenery 3:45 Throwback Exercise Table Games	**13** 9:45 AM Exercise 10:45 Scenic Ride Mani-Cares & Chat 11:30 Brain Games 1:00 Roll All Six 1:30 Exercise w/ Danielle M. 2:00 Name that Tune 3:45 Friday Yoga & Relax 5:30 Nightcap & Movie	Pickle Day **14** 9:30 AM Workout 10:00 Word Games 11:00 Balloon Bash 11:30 Finish the Lyrics 1:00 Armchair Travel/Discuss Color Artistry/Puzzles 1:30 Prize Bingo Sounds & Meditation 3:45 Seated Yoga Virtual Rosary (AP)
15 9:45 Wake-up & Workout 10:15 Communion w/ OLM 10:30 Virtual. Service/Snack 11:00 Hymn Sing Along 11:30 Get up & Move 1:00 Conversation Starters 1:30 Scenic Ride Table Games/Puzzles 3:45 Sunday Stretch	**16** 9:15 Morning Zumba 11:00 Football Toss 11:30 Brain Games 1:00 Finish the Phrase 1:30 Bowling 3:45 Stretch & Stroll Virtual Rosary	**17** 9:45 Wake-up & Workout 11:00 Baseball Target Toss 11:30 Lunch Outing: Gregg’s 11:30 Did You Know…Trivia 1:00 Sing Along 1:30 Scenic Ride Nail/Hand Care 3:45 Chicken Target Toss	**18** 9:45 Morning Zumba 11:00 Balloon Volley Puzzles 1:00 Higher or Lower 1:30 Crafting Circle Roll & Reminisce 3:45 Seated Yoga Virtual Rosary	**19** 9:45 Morning Cardio 11:00 Knock “Em” Down 11:30 Word Associations 1:00 High Rollers 1:30 Corn Hole Music & Scenery Men’s Group Outing: WWII museum 3:45 Throwback Exercise Table Games	**20** 9:45 AM Exercise 10:15 Scenic Ride & Treat 10:50 Mani-Cares & Chat 1:00 Roll All Six 1:30 Corn Hole 2:00 Name that Tune 3:45 Friday Yoga & Relax 5:30 Nightcap & Movie	**21** 9:30 AM Workout 10:00 Word Games 11:00 Balloon Bash 11:30 Finish the Lyrics 1:00 Armchair Travel/Discuss Color Artistry/Puzzles 2:00 Prize Bingo Sounds & Meditation 3:45 Seated Yoga Virtual Rosary (AP)
22 9:45 Wake-up & Workout 10:15 Communion w/ OLM 10:30 Virtual. Service/Snack 11:00 Hymn Sing Along 11:30 Get up & Move 1:00 Conversation Starters 1:30 Armchair Travel Table Games/Puzzles 3:45 Sunday Stretch	Dr. Pepper Day **23** 9:15 Morning Zumba 11:00 Football Toss 11:30 Brain Games 1:00 Finish the Phrase 1:30 Bowling 1:45 Kitchen Creations 1:30 OLM Mass (Brodeaur)* 2:30 Snack & Taste Test 3:45 Stretch & Stroll Virtual Rosary	**24** 9:45 Wake-up & Workout 11:00 Baseball Target Toss 11:30 Did You Know…Trivia 1:00 Sing Along 1:30 Scenic Ride Nail/Hand Care 3:45 Faith & Friends w/ Min. Shakera	**25** 9:45 Morning Zumba 11:00 Balloon Volley Puzzles 1:00 Sensory…What Is It? 1:30 C.H.I.M.E (interactive handbells program) 3:00 Music w/ Rock’n Rob 4:00 “Thankful”	THANKSGIVING **26** **PLEASE REFER TO DAILY SCHEDULE FOR AVAILABLE PROGRAMS 9a-5:30p**	**27** 9:45 AM Exercise 10:45 Scenic Ride Mani-Cares & Chat 1:00 Roll All Six 1:30 Exercise w/ Danielle M. 2:00 Name that Tune 2:30 Music w/ Lady D 3:45 Friday Yoga & Relax 5:30 Nightcap & Movie	**28** 9:30 AM Workout 10:00 Word Games 11:00 Balloon Bash 11:30 Finish the Lyrics 1:00 Armchair Travel/Discuss Color Artistry/Puzzles 2:00 Prize Bingo Sounds & Meditation 3:45 Seated Yoga Virtual Rosary (AP)
29 9:45 Wake-up & Workout 10:15 Communion w/ OLM 10:30 Virtual. Service/Snack 11:00 Hymn Sing Along 11:30 Get up & Move 1:00 Conversation Starters 1:30 Scenic Ride Table Games/Puzzles 3:45 Sunday Stretch	**30** 9:15 Morning Zumba 11:00 Football Toss 11:30 Brain Games 1:00 Finish the Phrase 1:30 Bowling 3:45 Stretch & Stroll Virtual Rosary	**DAILY PROGRAMS** Unless otherwise noted ** Escort required to AL* 9:15 Uplifting News/Events 10:15 Stroll/Feed the Fish 10:30 AM Snack & Refresh 2:30 Snack & Social 3:00 Daily Chronicles 5:15 Mindful Unwind 5:30 Movie/Classic Series				**ASPECTS OF LIVING** Cognitive Musical Life Enrichment Reminisce Health & Fitness Inspirational/Spiritual Social

Subject to change: Daily Schedules Made Available & Displayed in Community *All outings are weather permitting* **Lunch 12:00-1:00p /Dinner 4:30-5:30p**