

October 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:00 NFL Football Patriots v Bills 1:30 UNO (card game) 2:45 Horseshoes 3:30 Scenic Ride 3:45 Brain Games 6:15 Shut-The-Box (dice game) (Staff Starfish nomination forms are available at the front desk. See Activities or Front Desk w/ questions)	9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:30 Quarter Bingo \$0.25/card max 3 cards 3:00 Virtual Rosary 3:30 Popcorn Pub 6:30 UNO (Card Game) 7:00 Wheel of Fortune/ Jeopardy	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:30 Pre-Lunch Walk 1:30 Crafting Circle w/ Donna 3:30 Converse & Reminisce 3:30 Mexican Train Dominos 6:30 Mid-Week Movie (PP) One Love 2024 1:47 (PG-13) Celebrate the life of an icon who inspired generations through his message of love, peace, and unity. In this uplifting film, discover Bob Marley's story of overcoming adversity and the journey behind his revolutionary music that changed the world.	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:30 Independent Walking Group 1:30 Quarter Bingo \$0.25/card max 3 cards 3:00 Menu Chat/Town Hall 3:30 Humpday Happy Hour 6:15 Kings in the Corner 7:00 Wheel of Fortune/ Jeopardy	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 11:30 Pre-Lunch Walk 1:30 Pool Table Bowling 1:45 Rummikub 3:00 Live Music w/ Chris Monte 6:15 Farkle (Dice game) 7:00 Wheel of Fortune/ Jeopardy	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Shopping Trip: Dollar Tree 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 TGIF Happy Hour 6:15 Blackjack (nickels/dimes) 7:00 Wheel of Fortune/ Jeopardy	9:15 Crossword Group 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Live Music w/ Vinni Ames 3:00 Nail Care 3:45 Left/Right/Center (\$0.30/round) 6:15 Scrabble Slam 7:00 Wheel of Fortune/ Jeopardy

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting.

Last Updated: 9/30/2026.

October 2026

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:00 NFL Football Patriots v Raiders 1:30 UNO (card game) 2:30 Indoor Bocci 3:15 Banana Grams 3:45 Brain Games 6:15 Shut-The-Box (dice game) (Staff Starfish nomination forms are available at the front desk. See Activities or Front Desk w/ questions)	12 Columbus/ Indigenous People Day 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 11:30 Independent Walking Group 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 Live Music & Pub w/ Don & Dave 6:30 Movie Night (DP) <i>Hocus Pocus</i> 1993 1:37 (PG) 3 witches from the 17th century unexpectedly return to modern-day Salem and comic chaos ensues. (starring Bette Midler, Kathy Najimy and Sarah Jessica Parker)	13 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Danielle M. 11:30 Pre-Lunch Walk 1:30 Crafting Circle w/ Donna 3:30 Converse & Reminisce 3:30 Mexican Train Dominos 6:30 Mid-Week Movie (NF) <i>Eleanor the Great</i> 2025 1:38 (PG-13) Grieving a friend, Eleanor moves to New York and meets a journalism student fascinated by her life story—a tall tale that soon spins out of control	14 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:30 Independent Walking Group 1:30 Quarter Bingo \$0.25/card max 3 cards 3:00 Virtual Rosary 3:30 Humpday Happy Hour 6:15 Kings in the Corner 7:00 Wheel of Fortune/ Jeopardy	15 9:15 Crossword Group 10:00 Men's Group Coffee & Comradery (in GVG) 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 1:30 Nail Care 2:00 Grief Group 2:30 Rummikub 2:45 Pool Table Bowling 3:30 Live Music w/ Steve Anthony 6:15 Farkle (Dice game) 7:00 Wheel of Fortune/ Jeopardy	16 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Shopping Trip: Marshalls 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 TGIF Happy Hour 6:30 Docu-Special (DP) <i>Seven Natural Wonders of America</i> (2026 1:15) Experience the Seven Natural Wonders of America and how they have shaped the people and culture of the country. News Anchors are paired with National Geographic Explorers, taking viewers to some of the most beautiful places in the nation.	17 10:00 Coffee & Chat 11:15 Exercise Group 1:30 Darts 2:30 Nail Care 2:30 Saturday Matinee (AP) <i>Tea with Mussolini</i> 1999 1:57 (PG) In 1930s fascist Italy, adolescent Luca just lost his mother. His father, sends him to be taken care of by British expatriate Mary Wallace. Mary and her cultured friends keep a watchful eye over the boy. But the women's cultivated lives take a dramatic turn when Allied forces declare war on Mussolini. 3:30 Left/Right/Center (\$0.30/round) 6:15 Scrabble Slam 7:00 Wheel of Fortune/ Jeopardy

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Last Updated: 10/4/26

October 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:00 NFL Football Patriots v Jets 1:30 UNO (card game) 2:45 Horseshoes 3:30 Brain Games 6:15 Shut-The-Box (dice game) (Staff Starfish nomination forms are available at the front desk. See Activities or Front Desk w/ questions)	9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 12:30 Flu/Covid Vaccine Clinic (Community Room) 1:45 Prize Bingo 3:30 Popcorn Pub 6:30 UNO (Card Game) 7:00 Wheel of Fortune/ Jeopardy	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:30 Pre-Lunch Walk 1:30 Crafting & Chat w/ Grandview Gardens 3:30 Converse & Reminisce 3:30 Mexican Train Dominos 6:30 Mid-Week Movie TBD	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Zumba w/ Monica 11:30 Independent Walking Group 1:30 Quarter Bingo \$0.25/card max 3 cards 3:00 Men's Group: Darts & "Drafts" 3:30 Humpday Happy Hour 6:15 Kings in the Corner 7:00 Wheel of Fortune/ Jeopardy	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 11:30 Pre-Lunch Walk 1:30 Nail Care 2:00 Grief Group 2:00 "Congrats on Baby" 3:30 Rummikub 3:34 Pool Table Bowling 6:00 Live Music w/ Greg Peters	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Shopping Trip: Dave's Market 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 TGIF Happy Hour 6:15 Blackjack (nickels/dimes) 7:00 Wheel of Fortune/ Jeopardy	9:15 Crossword Group 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Darts 2:30 Nail Care 2:30 Saturday Matinee TBD 3:30 Left/Right/Center (\$0.30/round) 6:15 Scrabble Slam 7:00 Wheel of Fortune/ Jeopardy

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25 9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 12:00 Lunch Outing: Burger King 1:30 UNO (card game) 2:30 Sunday Matinee TBD 3:45 Brain Games 6:15 Shut-The-Box (dice game)	26 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:00 Sacrament of Confession w/ Fr. Healy 1:30 OLM Mass w/ Fr. Healy 2:30 Quarter Bingo \$0.25/card max 3 cards 3:30 Popcorn Pub 6:30 UNO (Card Game) 7:00 Wheel of Fortune/ Jeopardy	27 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 12:00 Birthday Luncheon 11:30 Pre-Lunch Walk 1:30 Crafting Circle w/ Donna 3:30 Welcome New Residents Pub 6:30 Mid-Week Movie TBD	28 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:30 Independent Walking Group 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 Humpday Happy Hour 6:15 Kings in the Corner 7:00 Wheel of Fortune/ Jeopardy 10am-3pm October Bazaar & Beacon Pink Out Table	29 Vote for your favorite Pumpkin (tokens @ desk) 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 11:30 Pre-Lunch Walk 1:30 Nail Care 2:00 Grief Group 2:30 Rummikub 2:45 Pool Table Bowling 3:30 Live Music w/ Bud Pistachio 6:15 Farkle (Dice game) 7:00 Wheel of Fortune/ Jeopardy	30 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Shopping Trip: Dollar Tree 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 TGIF Happy Hour 6:15 Blackjack (nickels/dimes) 7:00 Wheel of Fortune/ Jeopardy	HAPPY HALLOWEEN31 “Trick or Treat” Hunt At leisure 9:15 Crossword Group 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Darts 2:30 Nail Care 2:30 Saturday Matinee TBD 3:30 Left/Right/Center (\$0.30/round) 6:15 Scrabble Slam 7:00 Wheel of Fortune/ Jeopardy

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