

Apponaug October Happenings 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Please Join Us: We offer a variety of Exercise Programs for mobility & movement disorders, adaptive games, Nu-Step Recumbent Bikes, Rosary, Interactive games & activities on Apple TV & I-pads 🍏 Nail & Hand Care, Pet Therapy Outdoor Groups Daily- Weather permitting, and much more! Call for more info 781-284-7847 Special Dates: Zumba Gold Class 10/7 & 10/21- Music Therapy 10/13- Luke Jackson 10/27- Halloween Party (Costumes welcome!) 10/30			1. Basket Tower Origami 101 🍏 Discussion: Current Events 🍏 Wheel of Fortune	2. Washers competition Step by Step Painting 🍏 Like minds Yahtzee
5. <u>National Rhode Island Day</u> Seated Volleyball Game Ceramics: Halloween 3d magnet You know you're from RI when.. The Rhode Block game	6. Whirl Pong Concrete Pumpkin centerpiece Brain Games 🍏 Double Ditto	7. Pop Darts Concrete Pumpkin centerpiece Famous Faces: Oct Birthdays 🍏 Zumba Gold with Monica	8. Shuffleboard Origami 101 🍏 Discussion: Current Events 🍏 Word-a-round	9. Corn hole contest Step by Step Painting 🍏 Curious Events in History 🍏 LRC
12. Columbus Day Center Closed	13. Group Relay Races Paper Mosaics Group 1 The Writing Game of Things Music Therapy w Brad Logan 🍏	14. Pro-pitch baseball 🍏 Breast cancer awareness pins Giant Memory Magazine Wars	15. Bulz-y-buckets Origami 101 🍏 Discussion: Current Events 🍏 Outsmarted 🍏	16. <u>Open House</u> Cone Toss Step by Step Painting 🍏 Zoomed In 🍏 Uno Card League
19. Bowling League Ceramics: Halloween 3d magnet Vintage Ads 🍏 October Jeopardy 🍏	20. Stick em' darts Building blocks: candy craft The year is.... Scrambled	21. Battle Bags Macrame Ghost Chrominos Zumba Gold with Monica	22. Ladder Ball Origami 101 🍏 Discussion: Current Events 🍏 Giant Spoons	23. Olley Ball Step by Step Painting 🍏 Feel & Describe box Honeycomb tiles
26. Moving target practice Group Pumpkin decorating Dear Amy: What would you do? Giant Tetras	27. Cliff Hanger Group Pumpkin decorating Color rush Challenge Entertainer Luke Jackson 🍏	28. Target Toss Group Pumpkin decorating Superstitions around the world 🍏 The Jack-o-Lantern spectacular	29. On Top Group Pumpkin decorating Discussion: Current Events 🍏 Hues and Cues	30. Minute to win it! Step by Step Painting 🍏 Haunted RI 🍏 Halloween Party & Pumpkin contest