

August 2026

September 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:30 Skip-bo (card game) 2:15 Sunday Matinee(PP) Forrest Gump 1994 2:22 (PG-13) The history of the United States from the 1950s to the '70s unfolds from the perspective of an Alabama man with an IQ of 75, who yearns to be reunited with his childhood sweetheart. 2:45 Cornhole Toss 3:45 Converse & Reminisce 6:15 Night Cap (evening pub)	31 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 Popcorn Pub 3:30 Men's Club Pub 6:30 UNO (Card Game) 7:00 Wheel of Fortune/Jeopardy	1 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:30 Pre-Lunch Walk 1:30 Crafting Circle w/ Donna 3:30 Converse & Reminisce 3:30 Mexican Train Dominos 4:00 Virtual Rosary 6:30 Mid-Week Movie (AP) Free Willy 1993 1:52 (PG) When a boy in the California Foster System builds and unlikely friendship with a whale at the local aquarium; he risks everything to set the whale "Willy" free.	2 BREAKFAST WAFFLE WEDNESDAY 10:15 Voting 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:30 Independent Walking Group 1:30 Bananagrams 2:30 Menu Chat & Town Hall 3:30 Humpday Happy Hour 6:15 Kings in the Corner 7:00 Wheel of Fortune/Jeopardy	3 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 11:30 Pre-Lunch Walk 1:30 Nail Care 2:00 Grief Group (Pre-registration) 2:30 Rummikub 2:45 Pool Table Bowling 3:30 Live Music w/ "Lady D" 6:15 Farkle (Dice game) 7:00 Wheel of Fortune/Jeopardy	4 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 11:30 "LABOR DAY" COOKOUT 1:30 Shopping Trip: Dave's Marketplace (NK) 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 TGIF Happy Hour 6:15 Blackjack (nickels/dimes) 7:00 Wheel of Fortune/Jeopardy	5 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Darts 2:30 Saturday Matinee (PP) Steel Magnolias 1989 1:58 (PG) Starring: Sally Field; Dolly Parton; Julia Roberst & more A young beautician arrives in a small Louisiana town, finds work at the local salon, where a small group of women share a close bond of friendship and welcome her into their fold. 2:30 Nail Care 3:30 Left/Right/Center (\$0.30/round) 6:15 Scrabble Slam 7:00 Wheel of Fortune/Jeopardy

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:30 UNO (card game) 2:30 Sunday Matinee (NF) <i>Remarkably Bright Creatures</i> 2026 1:53 (PG-13) While Working nights at a small-town aquarium, a widow bonds with a clever octopus and an adrift young man in this moving drama based on the bestseller 2:45 Horseshoes 3:45 Converse & Reminisce 6:15 Shut-The-Box (dice game)	LABOR DAY 7 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 Live Music w/ Joan Sherlock 6:30 Holiday Movie Special (AP) <i>9 to 5</i> 1980 1:45 (PG) Three female employees of a sexist, egotistical, lying, hypocritical bigot find a way to turn the tables on him. Starring: Dolly Parton; Lilly Tomlin & Jane Fonda	8 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:30 Pre-Lunch Walk 1:30 Crafting Circle w/ Donna 3:30 Converse & Reminisce 3:30 Mexican Train Dominos 4:00 Virtual Rosary 6:30 Mid-Week Movie (AP) <i>The Graduate</i> 1967 1:47 (PG) After graduating from college, Ben returns home where he begins an affair with an older woman, Mrs. Robinson, the wife of his father's business partner, before falling in love with her daughter. Starring: Dustin Hoffman	9 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Zumba w/ Monica 11:30 Men's Group Lunch Outing—Carriage Inn 11:30 Independent Walking Group 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 Humpday Happy Hour 6:15 Kings in the Corner 7:00 Wheel of Fortune/ Jeopardy	10 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 11:30 Pre-Lunch Walk 1:30 Guided Paint Class w/ Kristen (Limited availability RSVP Front Desk) 3:30 Live Music w/ Mary Lou 6:15 Farkle (Dice game) 7:00 Wheel of Fortune/ Jeopardy	11 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Bank Trips 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 TGIF Happy Hour 6:15 Blackjack (nickels/dimes) 7:00 Wheel of Fortune/ Jeopardy	12 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Darts 2:30 Nail Care 3:30 Live Music w/ "Sounds of Summer" Band 6:15 Scrabble Slam 7:00 Wheel of Fortune/ Jeopardy

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting. Last Updated: 8/30/2026

September 2026

ASSISTED LIVING WEEK

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14	15 "Shine through Colors" Wear Bright Colors Day	16	17	18	19
9:15 Virtual Catholic Mass 10:30 Communion w/ <i>Our Lady of Mercy Church</i> 11:15 Seated Exercise 1:30 Live Music w/ The Bouchard Group 2:45 Multi-Generational Craft Bookmarks (all ages welcomed) 2:45 Cornhole Toss 3:45 Converse & Reminisce 6:15 Night Cap (evening pub) (w/ Specialty Drink)	9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 10:30 Men's Group: Coffee & Comradery 11:00 Brain Games 1:30 "Aging Gracefully & Driver Safety" Presentation w/ Games and Prizes 3:00 Virtual Rosary 3:30 Popcorn Pub (w/ Specialty Drink) 6:30 UNO (Card Game) 7:00 Wheel of Fortune/ Jeopardy	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:30 Pre-Lunch Walk 1:30 Crafting Circle w/ Donna 3:30 Special Performance: Natioanl Storyteller Michele 6:30 Popcorn, Drinks & Movie (NF) <i>The People We Meet on Vacation</i> 2026 1:57 (PG-13) Poppy wants to explore the world, and Alex prefers to stay home with a good book, but somehow they are the very best of friends. They live far apart, but for a decade they have spent one week of summer vacation together.	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:30 Independent Walking Group 1:30 High-Stakes Bingo \$1/card max 3 cards 3:30 Humpday Happy Hour 6:15 Kings in the Corner 7:00 Wheel of Fortune/ Jeopardy	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 11:45 Lighthouse Boat Cruise (and packed lunch) 1:30 Nail Ccare 2:00 Grief Group (Pre-registration) 2:30 Rummikub 2:45 Pool Table Bowling 3:30 Live Music & Pub w/ Steve Anthony 6:15 Farkle (Dice game) 7:00 Wheel of Fortune/ Jeopardy	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Shopping Trip: CVS 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 TGIF Happy Hour 6:15 Blackjack (nickels/dimes) 7:00 Wheel of Fortune/ Jeopardy	10:15 Coffee & Chat 11:15 Exercise Group 1:30 Darts 2:30 Saturday Matinee (DP) <i>Into the Woods</i> 2014 2:07 (PG) A modern twist on the beloved fairy tales you thought you knew. In this star-studded cast, iconic characters find their fates intertwined with a humble baker and his wife on a quest to reverse a witch's curse. 2:30 Nail Care 3:30 Left/Right/Center (\$0.30/round) 6:15 Scrabble Slam 7:00 Wheel of Fortune/ Jeopardy

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September 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:30 UNO (card game) 2:30 Sunday Matinee TBD 2:45 Horseshoes 3:45 Converse & Reminisce 6:15 Shut-The-Box (dice game)	21 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:30 Quarter Bingo \$0.25/card max 3 cards 3:00 Virtual Rosary 3:30 Popcorn Pub 6:30 UNO (Card Game) 7:00 Wheel of Fortune/ Jeopardy	22 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:30 Pre-Lunch Walk 1:30 Crafting Circle w/ Donna 3:30 Live Music w/ Luke Jackson 6:30 Mid-Week Movie TBD	23 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Zumba w/ Monica 11:30 Independent Walking Group 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 Humpday Happy Hour 6:15 Kings in the Corner 7:00 Wheel of Fortune/ Jeopardy	24 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 11:30 Lunch Outing: Greggs 1:30 Service w/ Pastor Josh 1:30 Nail Care 2:30 Rummikub 3:30 Live Music w/ Rock'n Rob 6:15 Farkle (Dice game) 7:00 Wheel of Fortune/ Jeopardy	25 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Shopping Trip: Ocean State Job Lot 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 TGIF Happy Hour 6:15 Blackjack (nickels/dimes) 7:00 Wheel of Fortune/ Jeopardy	26 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Darts 2:45 Nail Care 3:30 Live Music w/ Janine Andrews 6:15 Scrabble Slam 7:00 Wheel of Fortune/ Jeopardy

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September 2026

The Seasons Assisted Living, Traditional Community Activities

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:30 Skip-Bo (card game) 2:30 Sunday Matinee TBD 2:45 Horseshoes 3:45 Converse & Reminisce 6:15 Shut-The-Box (dice game)	28 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:30 Quarter Bingo \$0.25/card max 3 cards 3:00 Virtual Rosary 3:30 Popcorn Pub 6:30 UNO (Card Game) 7:00 Wheel of Fortune/ Jeopardy	29 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:30 Pre-Lunch Walk 12:00 September Birthday Luncheon 1:30 Crafting Circle w/ Donna 3:30 Welcome New Residents Happy Hour 6:30 Mid-Week Movie TBD	30 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Zumba w/ Monica 11:30 Independent Walking Group 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 Humpday Happy Hour 6:15 Kings in the Corner 7:00 Wheel of Fortune/ Jeopardy	1 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 1:30 Nail Ccare 2:00 Grief Group (Pre-registration) 2:30 Rummikub 2:45 Pool Table Bowling 3:30 Live Music & Pub w/ The Illusions 6:15 Farkle (Dice game) 7:00 Wheel of Fortune/ Jeopardy	2 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Shopping Trip: Five Below 1:30 Quarter Bingo \$0.25/card max 3 cards 3:30 TGIF Happy Hour 6:15 Blackjack (nickels/dimes) 7:00 Wheel of Fortune/ Jeopardy	3 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Darts 2:30 Saturday Matinee TBD 2:30 Nail Care 3:30 Left/Right/Center (\$0.30/round) 6:15 Scrabble Slam 7:00 Wheel of Fortune/ Jeopardy

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