

September 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bristol Center	1 Sit and Be Fit Music Memories: Conway Twitty Back to School J-I-N-G-O Famous Faces	2 Workout with Weights Bubble Art: Hydrangeas Get Moving: Cornhole Songs in September	3 Exercise Cards Get Moving: Cup Stack Remembering Michael Jackson September Trivia	4 Fun Friday Games Shaving Cream Art Labor Day Working Songs Odd Jobs
7 Center Closed In observance of Labor Day	8 Exercise Dice Game Get Moving: Bean Bag Toss Music Memories: Buddy Holly What Business Are They In?	9 Super Kerplunk Get Moving: Parachute Pop Music Memories: Patsy Cline Bingo for Prizes	10 Sit and Be Fit Get Moving: Tower Toss Songs from the 60's White Board Word Games	11 Bristol Bakers: Apple Cake Remembering 9/11 Red, White and Blue Art Patriotic Sing A-Long
14 Sit and Be Fit Bristol Bakers: Apple Raisin Bars Get Moving: Basket Toss Autumn Suncatchers	15 Music and Movement Get Moving: Ladderball Table Games: Shuffleboard Crafting: Shrink Magnets	16 Exercise Card Game Armchair Travel: Mexico Bristol Bakers: Sopapilla Pie Get Moving: Ring Toss	17 Workout with Weights Table Games: Can Knock Down Get Moving: Swatter Ball Music Memories: Hank Williams	18 Fun and Fit Friday Get Moving: Pass the Puck American Landmarks Afternoon Book Club
21 Workout with Weights Get Moving: Target Practice Table Games: Curling Artist in You: Autumn Gnomes	*First Day of Autumn* 22 Center Scarecrow Making Get Moving: Can Jam Bristol Bowling League Autumn J-I-N-G-O	23 Sit and Be Fit Music Memories: Ray Charles Crafting: Beaded Corn Pins Learning Sign Language	24 Exercise Dice Game Bristol Bakers: Snickerdoodles Table Games: Touchdown Toss Barbara Walters Best Interviews	25 Fun Friday Games Bristol Bakers: Maple Bars New England Foliage Tour Remembering Dolly 9-2-5
28 Music and Movement Bristol Bakers: Apple Crisp Get Moving: Tic Tac Toe Toss The Best of Ed Sullivan	29 Exercise Card Game Bristol Bakers: Coffee Cake Crafting Club: Coffee Filter Art Get Moving: Viking Bowling	30 Workout with Weights Get Moving: Cup Stack Crafting Autumn Wall Hangings Confucious Says	*Special Monthly Events* September Focus: Welcome Fall Programs on the Patio (weather permitting) Calendar Features Highlights. Additional activity programs may be offered and are subject to change based on participant needs	