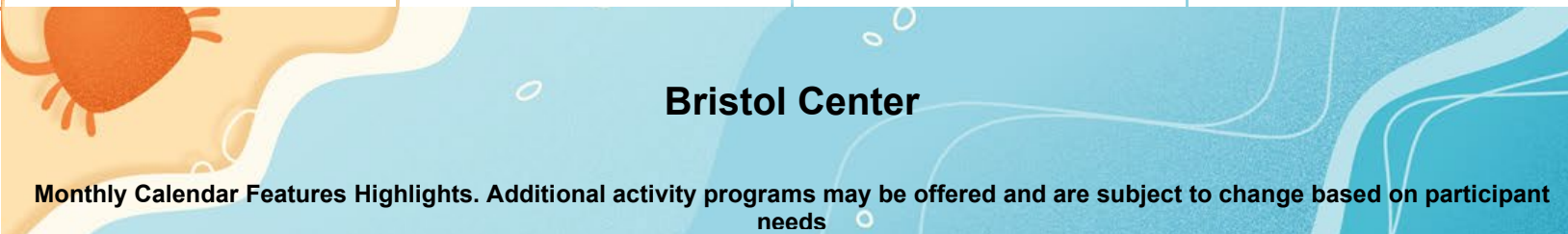


August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 3D Art: Watermelons Music Memories: Tony Bennett Sit and Be Fit August Trivia Happy Birthday Sandy!	4 Baking: Chocolate Chip Cookies Music and Movement Jazz Icon: Louis Armstrong Famous Faces	5 Homemade Watermelon Granita Exercise Dice Game I Love Lucille Ball Name 5 Things	6 Get Moving: Target Practice Workout with Weights Pass the Puck Game Words in a Word Whiteboard Game	7 Fun and Fit Friday Bristol Bakers: Swiss Chocolate Armchair Travel: Switzerland Number 1 Songs in August
10 Bristol Bowling League Get Moving: Kickball Summer Music Memories Root Beer Floats on the Patio	11 Exercise Card Game Crafting: Seashell Windchimes Get Moving: Go Fishing What Does It Mean to You?	12 Bristol Bakers: Peach Tarts Workout with Weights Get Moving: Paddle Ball Name that Tune: Beach Songs	13 Sit and Be Bit Field of Dreams: Visiting Iowa Cooking Club: Stadium Snacks Get Moving: Home Run Derby	14 Fun Friday Games Celebrating the Spirit of '45 Crafting: Crepe Paper Sunflowers Music of the 50's
17 Sit and Be Fit Get Moving: Giant Target Toss Crafting: Button Art Remembering Woodstock	18 Baking: PB Banana Bars Workout with Weights Elvis and Graceland Trivia Music Bingo	19 Music and Movement Crafting: Beach Photo Frames Movies & Music: Frankie & Annette Reminisce: Summer Vacations	20 Exercise Dice Game Things That Are Yellow Lemonade on the Patio Crafting Club: Daffodil Jewelry	21 Fun and Fit Friday Bristol Bakers: Lemon Cookies Get Moving: Balloon Volley Music Memories: Kenny Rogers
24 Bristol Bakers: Campfire Cookies Workout with Weights Exploring Our National Parks Remembering Teddy Roosevelt	25 Seated Zumba Get Moving: Viking Bowling Tin Can Knockdown Crafting: Hydrangea Flowerpots	26 Dog Days of Summer Exercise Card Games Super Kerplunk Beach J-I-N-G-O	27 Bristol Bakers: Strawberry Cake Get Moving: Carnival Games Tic Tac Toe Toss Balloon Art	28 Fun Friday Games Travel: Lighthouses of NE Canvas Art: Lighthouse on the Beach Family Feud Trivia
31 Summer Breakfast: Waffles Sit and Be Fit Get Moving: Swatter Ball Finish the Lyrics Song Quiz				

Bristol Center

Monthly Calendar Features Highlights. Additional activity programs may be offered and are subject to change based on participant needs