

July 2026

South Kingstown Center
Daily Exercise Program
Daily Today in History

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Monthly Community Service Project July Birthday Celebration Grace Notes Music Concert		1 History of Postage Stamps Ring Toss Paper Chain Flags Summer Jingo	2 Photo Story Telling Balloon Volleyball 4 th of July Star Artwork Fishy Match Game	3 American Trivia Darts Q-Tip Firework Art Packing for a BBQ
6 Center Closed for 4 th of July	7 What's in the Box? Pom Pom Games Patriotic Strawberries Uno Conversation Game	8 Famous July Birthdays Ping Pong Games Spoon Flowers South County Trivia	9 Have You Ever? Putt Putt Golf Culinary:Ginger Snaps Dice Bingo	10 Name Five Things Cornhole Paint Pouring Music Sing a Long
13 Shake Loose A Memory Football Toss Easy Cotton Tulips Craft RI Trivia	14 Fact or Fiction Window Flowers Lucky Duck Toss July Jingo	15 Who am I ? Shooting Game Bee Egg Carton Art Dr. Suess Match Game	16 Word Rhyme Game Ladder Ball Culinary: Chocolate Donuts Musical Bingo	17 Letter Scramble Bowling Competition Cute Lady Bug Project Pokeno
20 Old Wives Tales Hot Potato Game Culinary:Butterscotch Bars Bingo	21 Stars Who Have Aged Knock Em Down Cans Community Service Project Would You Rather?	22 Flower Word Scramble Fishing Game Egg carton Wreaths Pizza Jingo	23 Sunshine Sing A Long Parachute Game Culinary: Banana Split Bites Getting To Know You Jingo	24 Historical Inventions Basket Ball Game Wooden Wall Art Crazy Food Match Game
27 Summer: The Clothes Line Ring Toss Paper Star Artwork Peach Ice Cream Day	28 Good News Stories Balloon Volley Ball Grace Notes Thank You's Summer Tunes	29 Finish the Song Darts on the Deck Culinary: Mini Cheese Cakes Summer Flowers Match	30 Short Jokes Grace Notes Concert Celebrate July Birthdays Pokeno	31 Packing for Summer Trip Corn Hole on the Deck Balloon Flyers Summer Jingo