

March 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:45 Rummykub</p> <p>2:30 Sunday Matinee (AP) Song Sung Blue (PG 13) 2025 2:14 Based on a true story, Mike and Claire are two down-on-their-luck musicians who prove that it's never too late to find love and follow your dreams. They form a Neil Diamond tribute band called Lightning and Thunder, rising from dive bar gigs to unexpected hometown stardom</p> <p>3:00 Putting Practice</p> <p>3:45 Trivia</p> <p>6:30 Night-Cap Pub</p>	<p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Virtual Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:15 Roll All Six</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Crafting Circle</p> <p>3:45 Residents of Faith w/ Minister Shakera</p> <p>3:45 Documentary (DP) Pole to Pole w/ Will Smith Episode 2: The Amazon</p> <p>6:30 Mid-Week Movie (AP) Calendar Girls (PG 13) 2004 1:48 Best friends Chris and Annie are members of a charitable institute. When Annie's husband succumbs to leukemia, the friends decide to pose nude for a calendar to raise funds for a local hospital.</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Pub & Social</p> <p>6:15 Poetry & Prose w/ Ava</p> <p>6:15 Uno Attack</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Pool table Bowling</p> <p>2:00 Grief Group Pre-registration required</p> <p>2:30 Dominos</p> <p>3:30 Music Performance w/ Luke Jackson</p> <p>6:15 Farkle</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>1:30 Shopping Trip: Marshalls (weather permitting)</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Happy Hour</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>6:30 Special Series (DP) True Love Story Episode 3 & 4 <i>Story of JFK jr. and Caroline Bessett</i></p>	<p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Ring Toss</p> <p>2:30 Saturday Matinee (PP) Hardball (R) 2001 1:46 A down-on-his-luck gambler (Keanu Reeves) begrudgingly agrees to coach a Little League team from Chicago's housing projects to pay off debts. What begins as a quick payday turns into a journey of redemption as the kids' resilience forces him to confront his own flaws. (NF)</p> <p>2:30 Nail Care</p> <p>3:45 LRC (dimes) \$0.30/game</p> <p>6:15 Roll A Snowman</p> <p>6:30 Sit-com (AP) Ted Lasso <small>Lasson Sudeikis is Ted Lasso</small></p>

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting.

Last Updated:2/26/2026

March 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	9	10	11	12	13	14
<p>Daylight Savings</p> <p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:45 Scrabble Slam</p> <p>2:30 Sunday Matinee (AP) Cider House Rules 2000 2:05 (PG 13) Homer Wells has lived nearly his entire life inside St. Cloud's Orphanage in rural Maine. Though groomed by its proprietor, Dr. Larch, to be his successor, Homer feels the need to strike out and experience the world outside.</p> <p>3:00 Putting Practice</p> <p>3:00 Shopping Trip: CVS</p> <p>3:45 Trivia</p> <p>6:15 Nix the Six</p>	<p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>1:00 Sacrament of Confession w/ Fr. Brodeur</p> <p>1:30 Catholic Mass w/ Fr. Brodeur</p> <p>2:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Popcorn Pub</p> <p>6:15 Roll All Six</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Crafting Circle</p> <p>3:15 Conversation/Reminisce Group</p> <p>6:30 Mid-Week Movie (AP) My Mother's Wedding 2025 1:35 (R) Three sisters (Scarlett Johansson, Sienna Miller, Emily Beecham) return to their childhood home for the third wedding of their mother (Kristin Scott Thomas), navigating family drama with help from a colorful group of unexpected wedding guests.</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Golden Zumba w/ Monica</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Paint & Sip w/ Kristen</p> <p>3:30 Pub & Social</p> <p>6:15 Uno Attack</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 B-Ball Baskets</p> <p>2:15 Seasons Town Hall</p> <p>3:30 Music Performance w/ Steve Jordan (new)</p> <p>6:15 Farkle</p> <p>6:30 Mini-Series Special (DP) Love Story (Episodes 5 & 6) The complex and heartbreaking journey of JFK Jr. and Carolyn Bessette's private romance that turned into a public obsession</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Shopping Trip: Burlington (formerly Coat Factory) (weather permitting)</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Happy Hour</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Indoor Bocci</p> <p>2:30 Saturday Matinee (DP) Mighty Joe Young 1998 1:54 (PG) A legendary fifteen-foot tall mountain gorilla named Joe is taken to an animal sanctuary in California by zoologist Gregg O'Hara (Bill Paxton) and Jill Young (Charlize Theron), with whom he grew up. Poacher Strasser (Rade Serbedzija) returns from the past to seek vengeance on Joe.</p> <p>2:30 Nail Care</p> <p>3:45 LRC (dimes) \$0.30/game</p> <p>6:15 Roll A Snowman</p> <p>6:30 Series (DP) Dancing w/ the Stars Season 34</p>

March 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	St. Patrick's Day 17	18	St. Joseph's Day 19	20	21
<p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:45 Rummykub</p> <p>2:30 Sunday Matinee (AP) TBD</p> <p>3:00 Putting Practice</p> <p>3:00 Shopping Trip: Dollar Tree</p> <p>3:45 Trivia</p> <p>6:15 Nix the Six</p>	<p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Virtual Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:15 Roll All Six</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Crafting Circle</p> <p>3:00 Residents of Faith w/ Minister Shakera</p> <p>3:30 St. Patrick's Day Pub</p> <p>6:30 Mid-Week Movie TBD</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Pub & Social</p> <p>6:15 Uno Attack</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Pool table Bowling</p> <p>2:00 Grief Group Pre-registration required</p> <p>3:00 Special Presentation w/ World Photographer George Salter Tribes of Omo Valley</p> <p>6:15 Farkle</p> <p>6:30 Special Mini-Series (DP) <i>Believers: Boston Red Sox (Episode 1)</i> Ben Affleck, Matt Damon, Bill Burr, Uzo Aduba & more explore the history of and belief of Red Sox Fans</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>1:30 Shopping Trip: Target (weather permitting)</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Happy Hour</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Indoor Bocci</p> <p>2:30 Saturday Matinee TBD</p> <p>2:30 Nail Care</p> <p>3:45 LRC (dimes) \$0.30/game</p> <p>6:15 Roll A Snowman</p> <p>6:30 Series (DP) <i>Dancing w/ the Stars Season 34</i></p>

March 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
<p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:45 Scrabble Slam</p> <p>2:30 Sunday Matinee TBD</p> <p>3:00 Putting Practice</p> <p>3:00 Scenic Ride</p> <p>3:45 Trivia</p> <p>6:15 Nix the Six</p>	<p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>11:30 Lunch Outing: Richard's Pub</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Virtual Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:15 Roll All Six</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Crafting Circle</p> <p>3:15 Conversation/Reminisce Group</p> <p>3:30 Voter Registration Assistance</p> <p>6:30 Mid-Week Movie TBD</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Golden Zumba w/ Monica</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Pub & Social</p> <p>6:15 Uno Attack</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 B-Ball Baskets</p> <p>2:30 Nail Care</p> <p>3:30 Music Performance w/ Gregory Peters</p> <p>6:15 Farkle</p> <p>6:30 Special Mini-Series (DP) <i>Believers: Boston Red Sox (Episode 2)</i> Ben Affleck, Matt Damon, Bill Burr, Uzo Aduba & more explore the history of and belief of Red Sox Fans</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Shopping Trip: Stop & Shop (weather permitting)</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Indoor Bocci</p> <p>2:30 Saturday Matinee TBD</p> <p>2:30 Nail Care</p> <p>3:45 LRC (dimes) \$0.30/game</p> <p>6:15 Roll A Snowman</p> <p>6:30 Series (DP) <i>Dancing w/ the Stars Season 34</i></p>

March 2026

April 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
<p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:45 Rummykub</p> <p>2:30 Sunday Matinee TBD</p> <p>3:00 Putting Practice</p> <p>3:00 Shopping Trip: Five Below</p> <p>3:45 Trivia</p> <p>6:15 Nix the Six</p>	<p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Virtual Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:15 Roll All Six</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>12:00 Birthday Luncheon</p> <p>11:00 Seated Exercise</p> <p>1:30 Crafting Circle</p> <p>3:30 Welcome New Residents Pub</p> <p>6:30 Mid-Week Movie TBD</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Pub & Social</p> <p>6:15 Uno Attack</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Pool table Bowling</p> <p>2:00 Grief Group Pre-registration required</p> <p>2:30 Nail Care</p> <p>3:30 Music Performance w/ Bud Pistachio</p> <p>6:15 Farkle</p> <p>6:30 Special Mini-Series (DP) Believers: Boston Red Sox (Episode 3) Ben Affleck, Matt Damon, Bill Burr, Uzo Aduba & more explore the history of and belief of Red Sox Fans</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>1:30 Shopping Trip: Job Lot (weather permitting)</p> <p>2:00 Fenway Opening Day Event (2:10 first pitch) Red Sox v. Padres</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Indoor Bocci</p> <p>2:30 Saturday Matinee TBD</p> <p>2:30 Nail Care</p> <p>3:45 LRC (dimes) \$0.30/game</p> <p>6:15 Roll A Snowman</p> <p>6:30 Series (DP) <i>Dancing w/ the Stars Season 34</i></p>