

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

DAILY PROGRAMS

Unless otherwise noted

* Escort required to AL

- 9:15 Uplifting News/Events
- 10:15 Feeding of the Fish
- 10:30 AM Snack & Refresh
- 1:00 Daily Chronicles
- 2:30 Snack & Social
- 5:15 Mindful Unwind
- 5:40 Movie/Classic Series



February

GRANDVIEW GARDENS 2026



ASPECTS OF LIVING

- Cognitive
- Musical
- Life Enrichment
- Reminisce
- Health & Fitness
- Inspirational/Spiritual
- Social

<p>1</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 10:15 Communion w/ OLM ■ 10:30 Hymns & Snack ■ 11:00 Virtual. Service (YT) ■ 11:30 Get up & Move ■ 1:30 Afternoon Exercise ■ 2:00 Virtual Travel ■ 3:00 Roll & Reminisce ■ 3:45 Quarterback Toss 	<p>Groundhog Day 2</p> <ul style="list-style-type: none"> ■ 9:45 Morning Zumba ■ 11:00 Bullseye ■ 11:30 Brain Games ■ 1:30 Monday Move & Groove ■ Crafters Corner: Silhouettes ■ 2:00 Word Games ■ 3:00 "Reminisce & Share" ■ 3:45 Who made the Shadow ■ Virtual Rosary 	<p>3</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 11:00 Tic-Tac-Toe Toss ■ 11:30 Did You Know...Trivia ■ 1:30 Scenic Ride ■ Nails & Reminisce ■ 2:30 Socialize & Snack ■ 3:00 Sing Along ■ 3:45 Football Toss 	<p>4</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 11:00 Mini Shuffleboard ■ 11:30 Word Games ■ 1:30 Music w/ Greg Peters ■ 2:00 Reminisce & Share ■ 3:00 What Am I (Sensory) ■ 3:45 Knock down Snowmen 	<p>5</p> <ul style="list-style-type: none"> ■ 9:45 Morning Cardio ■ 11:00 Balloon Bash ■ 11:30 What/Who Am I ■ 1:30 Seated Yoga ■ Kitchen Creations ■ 2:00 Word Games ■ 3:00 Poetry/Prose ■ Mani-Cares ■ 3:45 Snowball Toss 	<p>6</p> <ul style="list-style-type: none"> ■ 9:45 AM Exercise ■ 10:45 Scenic Ride ■ Nail Care/Reminisce ■ 1:30 Exercise w/ Danielle ■ 2:00 Brain Games ■ 3:00 Sing Along ■ 3:45 Ring Toss ■ 5:30 Nightcap & Movie 	<p>7</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 11:00 Music & Groove ■ 1:30 Mindful Stretch ■ 2:00 Prize Bingo ■ 3:00 Armchair Travel/Discuss ■ 3:45 Bowling ■ Virtual Rosary (AP)
<p>8</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 10:15 Communion w/ OLM ■ 10:30 Hymns & Snack ■ 11:00 Virtual. Service (YT) ■ 11:30 Get up & Move ■ 1:30 Sunday Scenic Ride ■ 2:00 Brain Games ■ 3:00 Roll & Reminisce ■ 3:45 Quarterback Toss ■ 6:30 Super Bowl Party 	<p>9</p> <ul style="list-style-type: none"> ■ 9:45 Morning Zumba ■ 11:00 Bullseye ■ 11:30 Brain Games ■ 1:30 Monday Move & Groove ■ Crafters Corner: Valentines ■ Catholic Mass w/ OLM* ■ 2:00 Word Games ■ 3:00 "Reminisce & Share" ■ 3:45 Snowball Battle ■ Virtual Rosary 	<p>10</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 11:00 Corn Hole ■ 11:30 Did You Know...Trivia ■ 1:30 Nails & Reminisce ■ 2:30 Socialize & Snack ■ 3:00 Share of Faith w/ Min. Shakera ■ 3:45 Tic-Tac-Toe toss 	<p>11</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 11:00 Mini Shuffleboard ■ 11:30 Word Games ■ 1:30 Afternoon Yoga ■ Creations & Chat: ■ 2:00 Reminisce & Share ■ 3:00 What Am I (Sensory) ■ 3:45 Knock down Snowmen 	<p>12</p> <ul style="list-style-type: none"> ■ 9:45 Morning Cardio ■ 11:00 Balloon Bash ■ 11:30 What/Who Am I ■ 1:30 Seated Yoga ■ Kitchen Creations ■ 2:00 Word Games ■ 3:00 Poetry/Prose ■ Mani-Cares ■ 3:45 Snowball Toss 	<p>13</p> <ul style="list-style-type: none"> ■ 9:45 AM Exercise ■ 10:45 Scenic Ride ■ Nail Care/Reminisce ■ 1:30 Walk & Stretch ■ 2:00 Sing Along ■ 3:00 Brain Games ■ 3:30 Live Cello Music ■ 5:30 Nightcap & Movie 	<p>VALENTINE'S DAY 14</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 11:00 Music & Groove ■ 1:30 Mindful Stretch ■ 2:00 Prize Bingo ■ 2:45 Valentine's Party ■ 3:00 Armchair Travel/Discuss ■ 3:45 Bowling ■ Virtual Rosary (AP)
<p>15</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 10:15 Communion w/ OLM ■ 10:30 Hymns & Snack ■ 11:00 Virtual. Service (YT) ■ 11:30 Get up & Move ■ 1:30 Sunday Scenic Ride ■ 2:00 Brain Games ■ 3:00 Roll & Reminisce ■ 3:45 Quarterback Toss 	<p>PRESIDENTS' DAY 16</p> <ul style="list-style-type: none"> ■ 9:45 Morning Zumba ■ 11:00 Bullseye ■ 11:30 Brain Games ■ 1:30 Music w/ Rock'n Rob ■ 2:00 Word Games ■ 3:00 "Reminisce & Share" ■ 3:45 Snowball Battle ■ Virtual Rosary 	<p>MARDI GRAS 17</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 11:00 Balloon Volley ■ 11:30 Did You Know...Trivia ■ 1:30 Scenic Ride ■ Nails & Reminisce ■ 2:30 MARDI GRAS PARTY ■ Ft. Music w/ Steve Jordan ■ 3:45 Tic-Tac-Toe Toss 	<p>ASH WEDNESDAY 18</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 11:00 Mini Shuffleboard ■ 11:30 Word Games ■ 1:30 Afternoon Yoga ■ Creations & Chat: ■ 2:00 Reminisce & Share ■ 2:15 Ashes w/ OLM * ■ 3:00 What Am I (Sensory) ■ 3:45 Knock down Snowmen 	<p>19</p> <ul style="list-style-type: none"> ■ 9:45 Morning Cardio ■ 11:00 Balloon Bash ■ 11:30 What/Who Am I ■ 1:30 Seated Yoga ■ Kitchen Creations ■ 2:00 Word Games ■ 3:00 Poetry/Prose ■ Mani-Cares ■ 3:45 Snowball Toss 	<p>20</p> <ul style="list-style-type: none"> ■ 9:45 AM Exercise ■ 10:45 Scenic Ride ■ Nail Care/Reminisce ■ 1:30 Exercise w/ Danielle ■ 2:00 Brain Games ■ 3:00 Sing Along ■ 3:45 Ring Toss ■ 5:30 Nightcap & Movie 	<p>21</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 11:00 Music & Groove ■ 1:30 Mindful Stretch ■ 2:00 Prize Bingo ■ 3:00 Armchair Travel/Discuss ■ 3:45 Bowling ■ Virtual Rosary (AP)
<p>22</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 10:15 Communion w/ OLM ■ 10:30 Hymns & Snack ■ 11:00 Virtual. Service (YT) ■ 11:30 Get up & Move ■ 1:30 Sunday Scenic Ride ■ 2:00 Brain Games ■ 3:00 Roll & Reminisce ■ 3:45 Quarterback Toss 	<p>23</p> <ul style="list-style-type: none"> ■ 9:45 Morning Zumba ■ 11:00 Bullseye ■ 11:30 Brain Games ■ 1:30 Monday Move & Groove ■ Crafters Corner: lolli-flower ■ 2:00 Word Games ■ 3:00 "Reminisce & Share" ■ 3:45 Snowball Battle ■ Virtual Rosary 	<p>24</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 11:00 Balloon Volley ■ 11:30 Did You Know...Trivia ■ 12:30 BIRTHDAY LUNCHEON ■ 1:30 Nails & Reminisce ■ 2:30 Socialize & Snack ■ 3:00 Tic-Tac-Toe Toss ■ 3:45 Share of Faith w/ Min. Shakera 	<p>25</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 11:00 Mini Shuffleboard ■ 11:30 Word Games ■ 1:30 Afternoon Yoga ■ Creations & Chat: ■ 2:00 Reminisce & Share ■ 3:00 What Am I (Sensory) ■ 3:45 Knock down Snowmen 	<p>26</p> <ul style="list-style-type: none"> ■ 9:45 Morning Cardio ■ 10:30 Music & Snack w/ Steve Lyon ■ 11:30 What/Who Am I ■ 1:30 Seated Yoga ■ Kitchen Creations ■ 2:00 Word Games ■ 3:00 Poetry/Prose ■ Mani-Cares ■ 3:45 Snowball Toss 	<p>27</p> <ul style="list-style-type: none"> ■ 9:45 AM Exercise ■ 10:45 Scenic Ride ■ Nail Care/Reminisce ■ 1:30 Walk & Stretch ■ 2:00 Brain Games ■ 3:00 Sing Along ■ 3:45 Ring Toss ■ 5:30 Nightcap & Movie 	<p>28</p> <ul style="list-style-type: none"> ■ 9:45 Wake-up & Workout ■ 11:00 Music & Groove ■ 1:30 Mindful Stretch ■ 2:00 Prize Bingo ■ 3:00 Armchair Travel/Discuss ■ 3:45 Bowling ■ Virtual Rosary (AP)

Subject to change: Daily Schedules Made Available & Displayed in Community

All outings are weather permitting

MEAL TIMES: 12:00-1:00p; 4:30-5:30p