

January 2026-Activities-Cove

Sun	Mon	Tue	Wed	Thu	Fri	Sat
** Independent leisure materials available, please see an activity team member for assistance**	B-Bay C-Cove CH-Chapel CS-Coffee Shop H-Hill **Activities subject to change**					
4 10:00 Coffee & Convo, C 11:00 TV Catholic Mass, C 12:00 Lunch 1:00 Football Fun, C	5 10:00 Chronicle/Mail 11:00 Balloon Volley, C 11:45 Rudy's Bible Study, CH 12:00 Lunch 2:00 Music Speaks w/Garo, C 3:30 Color My World, C	6 10:00 Chronicle/Mail 10:15 Coffee Chat, C 11:00 Big Ball Workout, C 12:00 Lunch 2:00 Hand Massages/Nails, C 3:30 Afternoon Stroll, C 6:15 Reminiscing Circle, C	7 9:30 Chronicle/Mail 10:00 Bible Chat w/Rudy, CH 10:30 Rosary w/Doug, CH 11:00 Balloon Volley, C 12:00 Lunch 2:00 Move & Groove, C 3:00 Art Expression, C	8 10:00 Chronicle/Mail 10:15 Communion, C 11:00 Big Ball Workout, C 12:00 Lunch 2:00 Mike Coletta Sings, CS 3:30 Let's Move, C 6:15 Match Game, C	9 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:00 Noodle Ball, C 12:00 Lunch 2:00 Gary & his Guitar, C 3:30 Bible Study w/Rudy, CH	10 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Deacon Steve, CH 12:00 Lunch 2:00 Jigsaws & Jazz, C 3:30 Coffee & Convo, C 6:15 Art Relaxation, C
11 10:00 Morning Moves, C 11:00 TV Catholic Mass, C 12:00 Lunch 2:00 Let's Get Creative, C 3:30 Coffee Talk, C 6:15 Wheel of Fortune, C	12 10:00 Chronicle/Mail 11:00 Balloon Volley, C 11:45 Rudy's Bible Study, CH 12:00 Lunch 2:00 Music Speaks w/Garo, C 3:30 Healthy Steps, C	13 10:00 Chronicle/Mail 10:15 Coffee Chat, C 11:00 Big Ball Workout, C 12:00 Lunch 2:00 Art Expression, C 3:30 Afternoon Stroll, C 6:15 Who Am I?, C	14 9:30 Chronicle/Mail 10:00 Bible Chat w/Rudy, CH 10:30 Rosary w/Doug, CH 11:00 Balloon Volley, C 12:00 Lunch 2:00 Hand Massages/Nails, C 3:00 Coffee Talk, C	15 9:30 Chronicle/Mail 10:00 Communion B/H 11:00 Big Ball Workout, C 12:00 Lunch 2:00 Grooving w/Marvin, CS 3:30 Coffee Talk, C 6:15 Creative Weaving, C	16 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Noodle Ball, B 12:00 Lunch 2:00 Frank & Little John, CS 3:30 Bible Study w/Rudy, CH	17 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Deacon Steve, CH 12:00 Lunch 2:00 Classic Games, C 3:30 Coffee & Convo, C 6:15 Art Relaxation, C
18 10:00 Morning Moves, C 11:00 TV Catholic Mass, C 12:00 Lunch 2:00 Bingo, C 3:30 Coffee Talk, C 6:15 Reminiscing, C	19 Martin Luther King Jr. Day 10:00 Chronicle/Mail 11:00 Balloon Volley, C 11:45 Rudy's Bible Study, CH 12:00 Lunch 2:00 Music Speaks w/Garo, C 3:30 Color Relaxation, C	20 10:00 Chronicle/Mail 10:15 Coffee Chat, C 11:00 Big Ball Workout, C 12:00 Lunch 2:00 Art Expression, C 3:30 Afternoon Stroll, C 6:15 Wheel of Fortune, C	21 9:30 Chronicle/Mail 10:00 Bible Chat w/Rudy, CH 10:30 Rosary w/Doug, CH 11:00 Balloon Volley, C 12:00 Lunch 2:00 Hand Massages/Nails, C 3:30 Puzzles, C	22 10:00 Chronicle/Mail 10:15 Communion, C 11:00 Big Ball Workout, C 12:00 Lunch 2:00 Float & Flutter, C 3:30 Coffee Chat, C 6:15 Classic Games, C	23 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Noodle Ball, B 12:00 Lunch 2:00 January Birthday Party Gary F. Entertains, CS 3:30 Bible Study w/Rudy, CH	24 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Deacon Steve, CH 12:00 Lunch 2:00 Afternoon Moves, C 3:30 Coffee & Convo, C 6:15 Art Relaxation, C
25 10:00 Morning Moves, C 11:00 TV Catholic Mass, C 12:00 Lunch 2:00 Let's Get Creative, C 3:30 Coffee Talk, C 6:15 Who Am I?	26 10:00 Chronicle/Mail 11:00 Morning Stretch, C 11:45 Rudy's Bible Study, CH 12:00 Lunch 1:30 Catholic Mass, C 3:30 Reminiscing, C	27 10:00 Chronicle/Mail 10:15 Coffee Chat, C 11:00 Big Ball Workout, C 12:00 Lunch 2:00 Art Expression, C 3:30 Afternoon Stroll, C 6:15 Hand Massages, C	28 9:30 Chronicle/Mail 10:00 Bible Chat w/Rudy, CH 10:30 Rosary w/Doug, CH 11:00 Balloon Volley, C 12:00 Lunch 2:00 Hand Massages/Nails, C 3:30 Sing Along, C	29 10:00 Chronicle/Mail 10:15 Communion, C 11:00 Big Ball Workout, C 12:00 Lunch 2:00 Frank & Little John, C 3:30 Move w/Me, C 6:15 Classic Games, C	30 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Noodle Ball, B 12:00 Lunch 2:00 Rebecca Pink Sings, CS 3:30 Bible Study w/Rudy, CH	31 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Deacon Steve, CH 12:00 Lunch 2:00 Name Game, C 3:30 Coffee & Convo, C 6:15 Art Relaxation, C