



January 2026-Activities



Sun	Mon	Tue	Wed	Thu	Fri	Sat
** Independent leisure materials available, please see an activity team member for assistance**	B-Bay C-Cove CH-Chapel CS-Coffee Shop H-Hill **Activities subject to change**			1 10:00 Chronicle/Mail 11:00 Sit & Be Fit, B 11:30 Brain Benders, B 12:00 Lunch 2:00 Afternoon Movie, B 3:30 Sunshine Visits, B	2 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:00 Deacon Steve, CH 12:00 Lunch 2:00 Bob Trembly Sings, CS  3:30 Bible Study w/Rudy, CH	3 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 12:00 Lunch 2:00 Movie Matinee, B 4:00 Independent Leisure
4 10:00 Coffee & Convo, B 11:00 TV Catholic Mass, B 12:00 Lunch 2:00 Sit & Stretch w/Sarah, B	5 10:00 Chronicle/Mail 11:15 Sit & Be Fit, B 11:45 Rudy's Bible Study, CH 12:00 Lunch 2:00 Trivia Challenge, B 3:30 Healthy Steps, B 6:15 High Stakes, B 	6 9:30 Chronicle/Mail 10:00 Sunshine Visits, B/H 11:15 Balloon Volley, B 12:00 Lunch 2:00 Art Expression, B  3:30 Afternoon Stroll, B	7 9:30 Chronicle/Mail 10:00 Bible Chat w/Rudy, CH 10:30 Rosary w/Doug, CH 11:15 Chair Yoga w/Linda, B 12:00 Lunch 2:00 Bingo Fun w/Rudy, B  3:30 Sunshine Visits, B/H	8 9:30 Chronicle/Mail 10:00 Communion B/H 11:00 Tai Chi w/Michele, B  12:00 Lunch 2:00 Mike Coletta Sings, CS 3:30 Sunshine Visits, B	9 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Noodle Ball, B 12:00 Lunch 2:00 Wii Games, B 3:30 Bible Study w/Rudy, CH 4:00 Sunshine Visits, B/H	10 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Deacon Steve, CH 12:00 Lunch 2:00 Classic Games, B 4:00 Independent Leisure
11 10:00 Coffee & Convo, B 11:00 TV Catholic Mass, B 12:00 Lunch 2:00 Name Game, B	12 10:00 Chronicle/Mail 11:15 Sit & Be Fit, B 11:45 Rudy's Bible Study, CH 12:00 Lunch 2:00 Left/Right/Center, B 3:30 Healthy Steps, B 6:15 High Stakes, B 	13 9:30 Chronicle/Mail 10:00 Sunshine Visits, B/H 11:15 Balloon Volley, B 12:00 Lunch 2:00 Art Expression, B  3:30 Afternoon Stroll, B	14 9:30 Chronicle/Mail 10:00 Bible Chat w/Rudy, CH 10:30 Rosary w/Doug, CH 11:15 Chair Yoga w/Linda, B 12:00 Lunch 2:00 Bingo Fun w/Rudy, B  3:30 Sunshine Visits, B/H	15 9:30 Chronicle/Mail 10:00 Communion B/H 11:00 Sit & Be Fit, B 12:00 Lunch 2:00 Grooving w/Marvin, CS  3:30 Sunshine Visits, B	16 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Noodle Ball, B 12:00 Lunch 2:00 Frank & Little John, CS  3:30 Bible Study w/Rudy, CH 4:00 Sunshine Visits, B/H	17 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Deacon Steve, CH 12:00 Lunch 2:00 Movie & Popcorn, B 4:00 Independent Leisure
18 10:00 Coffee & Convo, B 11:00 TV Catholic Mass, B 12:00 Lunch 2:00 Sit & Stretch w/Sarah, B	19 Martin Luther King Jr. Day 10:00 Chronicle/Mail 11:15 Sit & Be Fit, B 11:45 Rudy's Bible Study, CH 12:00 Lunch  2:00 High Stakes Bingo, B 3:30 Healthy Steps, B	20 9:30 Chronicle/Mail 10:00 Sunshine Visits, B/H 11:15 Balloon Volley, B 12:00 Lunch  2:00 Art Expression, B 3:30 Afternoon Stroll, B	21 9:30 Chronicle/Mail 10:00 Bible Chat w/Rudy, CH 10:30 Rosary w/Doug, CH 11:15 Chair Yoga w/Linda, B 12:00 Lunch 2:00 Janet's Sewing Circle, CS 3:30 Sunshine Visits, B/H	22 9:30 Chronicle/Mail 10:00 Communion B/H 11:00 Tai Chi w/Michele, B 12:00 Lunch 2:00 Bingo, B  3:30 Sunshine Visits, B	23 9:30 Chronicle/Mail 10:00 Coffee Shop, CS  11:15 Noodle Ball, B 12:00 Lunch 2:00 January Birthday Party Gary F. Entertains, CS 4:00 Sunshine Visits, B/H	24 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Deacon Steve, CH 12:00 Lunch 2:00 Classic Games, B 4:00 Independent Leisure
25 10:00 Coffee & Convo, B 11:00 TV Catholic Mass, B 12:00 Lunch 2:00 Yahtzee, B	26 10:00 Chronicle/Mail 11:15 Sit & Be Fit, B 11:45 Rudy's Bible Study, CH 12:00 Lunch 1:30 Catholic Mass, CH  2:30 Word Mining, B 6:15 High Stakes, B 	27 9:30 Chronicle/Mail 10:00 Sunshine Visits, B/H 11:15 Balloon Volley, B 12:00 Lunch 1:30 Food Committee, B 2:15 Resident Council, B 3:30 Afternoon Stroll, B	28 9:30 Chronicle/Mail 10:00 Bible Chat w/Rudy, CH 10:30 Rosary w/Doug, CH 11:15 Chair Yoga w/Linda, B 12:00 Lunch 2:00 Janet's Sewing Circle, CS 3:30 Sunshine Visits, B/H	29 9:30 Chronicle/Mail 10:00 Communion B/H 11:00 Sit & Be Fit, B 12:00 Lunch 2:00 Bingo, B  3:30 Sunshine Visits, B	30 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Noodle Ball, B 12:00 Lunch  2:00 Rebecca Pink Sings, CS 3:30 Bible Study w/Rudy, CH 4:00 Sunshine Visits, B/H	31 9:30 Chronicle/Mail 10:00 Coffee Shop, CS 11:15 Deacon Steve, CH 12:00 Lunch 2:00 Afternoon Movie, B 4:00 Independent Leisure