

# Apponaug Adult Day August 2025 Happenings

Monday

Tuesday

Wednesday

Thursday

Friday

**Please Join us:**

We offer a variety of exercise programs for mobility & movement disorders, adaptive games, Nu-step recumbent bikes, Rosary, Interactive games on Apple TV & I-pads 🍏 Nail & Hand care, Pet Therapy, Music Therapy, Outdoor Groups daily (weather permitting) and more!

**Special Dates: Victory Day 8/11/25 Center Closed 🚫 Music Therapy with Brad Logan 🎵 8/27/2025**

**Call for more info 739-2847**

1. Pip Fall  
Step by Step Painting 🍏  
Would you rather?  
Magnetism

4. Target Toss  
Culinary Arts  
Famous Faces: August 🍏  
Wii Games

5. Bowling League  
Craft: Jewelry Making  
Creative Story-Telling  
Rapid Rumble

6. Pro-Pitch Baseball  
Abstract Watercolor resist  
30 Second Mysteries  
Kings in the Corner

7. X's & O's  
Origami  
Current Events 🍏  
Rack-o

8. Giant Pong  
Step by Step Painting 🍏  
Minute to Win it!  
LRC

11. Victory Day  
Center Closed

12. Pop Darts  
Craft: Flower vase Pt 1  
Brain Games: Jeopardy! 🍏  
The Memory Tray

13. Battle Bags  
Craft: Flower vase Pt 2  
What's the sound? 🎵  
Words with Friends

14. Moving Target Practice  
Origami  
Current Events 🍏  
The Uzzle

15. Hot Potato w/ Trivia  
Step by Step Painting 🍏  
Crack List  
Wii Sports

18. Golf: Chipping & Putting  
Craft: Macrame Doll  
Life-time Lineup  
Cards vs gravity

19. Ladder Ball  
Craft: Macrame Doll pt 2  
🎵 Sounds of Summer 🎵  
20 Questions

20. Cliff Hanger  
Culinary Arts  
Headbands: Movie Stars  
Yahtzee

21. Bulz-y-buckets  
Origami  
Current Events 🍏  
Herd Mentality

22. Corn Hole  
Step by Step Painting 🍏  
The Price is Rite 🍏  
Sing Along & Karaoke 🎵

25. Shuffleboard  
Clay 101  
Poetry Remix  
Finish the Lyrics 🎵

26. Spring & Score  
Craft: Imprint Butterfly  
Group Relay Races  
Dare to Ding

27. The Question Dart Board  
Natural Art: Seashell Animals  
Upside down Challenge  
**Music Therapy w/ Brad Logan**

28. Basket Tower  
Origami  
Current Events 🍏  
Wii Games

29. On Top  
Step by Step Painting 🍏  
Grab the Mic 🎵  
Uno card league