

May 2025 Happenings at the Apponaug Adult Day Center

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>We offer a variety of Exercise Programs for mobility & movement disorders, adaptive games, Nu-Step Recumbent Bikes, Rosary, Interactive games & activities on Apple TV & I-pads 🍏 Music Therapy monthly 🎵 Nail & Hand Care, Pet Therapy, 🌞 Outdoor Groups Daily- Weather permitting, and much more!</p> <p>Call for more info 739-2847</p> <p>Special Dates:</p> <p>Music Therapy 5/6/25 Memorial Day Cookout 5/23/25 Center Closed 5/26/25</p> | | | <p>1.</p> <p>Putt-Putt Golf</p> <p>Where do we begin?</p> <p>Step by Step Painting 🍏</p> <p>Name the Decade</p> | <p>2. <u>RI Independence Day</u></p> <p>Bowling League</p> <p>RI Favorites 🍏</p> <p>Shell Art</p> <p>Minute to win it!</p> |
| <p>5. <u>Cinco De Mayo</u></p> <p>Hot potato w/ trivia</p> <p>Team relay races</p> <p>Beginners Origami</p> <p>Fiesta Feud 🍏</p> | <p>6. <u>Nurses Week</u></p> <p>Cliff Hanger</p> <p>Outdated nursing practices 🍏</p> <p>Gelli plate botanical prints</p> <p>Music Therapy w/ Brad Logan</p> <p>🎵</p> | <p>7.</p> <p>Target Toss</p> <p>Famous Faces: May B-days 🍏</p> <p>Culinary Arts</p> <p>Musical Pictionary 🎵</p> | <p>8.</p> <p>Seated Volleyball</p> <p>Story cubes creative writing</p> <p>Step by Step Painting 🍏</p> <p>Dare to Ding</p> | <p>9. <u>Celebrating Mothers</u></p> <p>Basket Tower</p> <p>Influential Women in history 🍏</p> <p>Dried floral bookmarks</p> <p>Manicures & Hand care</p> |
| <p>12.</p> <p>Shuffleboard</p> <p>Curious Items 🍏</p> <p>Beginners Origami</p> <p>Boggle Words</p> | <p>13.</p> <p>Pop Darts</p> <p>Lies you were told as a child</p> <p>Culinary Arts</p> <p>Song Burst 🎵</p> | <p>14.</p> <p>Bulz-y-buckets</p> <p>Guinness World Records 🍏</p> <p>Macrame Braided Necklace</p> <p>Drop Trivia</p> | <p>15.</p> <p>Wii Games</p> <p>Poetry remix</p> <p>Step by Step Painting 🍏</p> <p>Match Madness</p> | <p>16.</p> <p>Ladder Ball</p> <p>Current Events 🍏</p> <p>Six Second Scribbles</p> <p>Uno Card League</p> |
| <p>19.</p> <p>Pip Fall</p> <p>Zoomed In 🍏</p> <p>Beginners Origami</p> <p>Kings in the corner</p> | <p>20.</p> <p>Wii Games</p> <p>Google Earth: hometowns 🍏</p> <p>Group Tie Dye Project</p> <p>LRC</p> | <p>21.</p> <p>Giant pong</p> <p>You be the judge</p> <p>Group Tie Dye Project</p> <p>Jeopardy 🍏</p> | <p>22.</p> <p>Cross Strike bean bag toss</p> <p>Journaling</p> <p>Step by Step Painting 🍏</p> <p>Yahtzee</p> | <p>23. <u>MDW Cookout</u></p> <p>Tailgating Games</p> <p>Apples to Apples</p> <p>Culinary Arts</p> <p>Name that tune 🎵</p> |
| <p>26.</p> <p><u>Memorial Day</u></p> <p><u>Center Closed</u></p> | <p>27.</p> <p>Moving Target practice</p> <p>Music of America 🎵</p> <p>Patriotic cyanotype prints</p> <p>I love America JINGO</p> | <p>28.</p> <p>Drop Cup</p> <p>Lifetime line-up</p> <p>Foil mono-prints</p> <p>Tightrope</p> | <p>29.</p> <p>Pro-Pitch Baseball</p> <p>Like minds</p> <p>Step by Step Painting 🍏</p> <p>Upside down Challenge</p> | <p>30.</p> <p>On Top</p> <p>Current Events 🍏</p> <p>Recycled Jewelry</p> <p>Karaoke 🎵</p> |

