

SERVING SIZES
 Grains – 2 ounces
 Vegetables – ½ cup
 Fruits – ½ cup
 Protein – 3 ounces
 Dairy – 1 cup

April 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8 oz milk served daily with lunch</p>	<p>1 Chicken Cacciatore Roasted Potatoes WW Roll</p>	<p>2 Mongolian Pork Fried Rice Broccoli Florets WW Roll</p>	<p>3 Roasted Chicken Thighs Roasted Potato Sweet Corn WW Roll Sliced Peaches</p>	<p>4 Baked Fish Florentine Rice Mixed Vegetables WW Roll Fruit Cocktail</p>
<p>7 Sloppy Joe Pasta Salad WW Roll</p>	<p>8 Honey Garlic Chicken Thighs Roasted Carrots & Broccoli Steamed White Rice WW Roll Fresh Melon</p>	<p>9 Pork Chop Italiano Sweet Potatoes Peas & Onion WW Roll Sliced Pears</p>	<p>10 Chicken n Gravy Mixed Vegetables Roasted Potatoes Roll</p>	<p>11 Fish Sandwich Cole Slaw Potato Wedges Mixed Fruit WW Roll</p>
<p>14 Shepards Pie Mashed Potato WW Roll Sliced Peaches</p>	<p>15 Pub Burger w/ Cheese Sliced Potatoes WW Roll</p>	<p>16 Chicken Coq au Vin Rice Pilaf Chuck Wagon Corn WW Roll Pineapple Chunks</p>	<p>17 Baked Ham w/ Sauce Mashed Sweet Potatoes Roasted Carrots WW Roll</p>	<p>18 Baked Fish Rice Pilaf Green Beans WW Roll Watermelon</p>
<p>21 Chicken Cordon Bleu Roasted Vegetables w/Potatoes Garlic Bread Watermelon</p>	<p>22 Lasagna Roll Up w/Meat Sauce Spinach w/ Mixed Vegetables WW Roll Fresh Melon</p>	<p>23 Creamy Garlic Pork Chops Mushroom Rice Pilaf Buttered Corn WW Roll</p>	<p>24 Fresh Fruit Cup Beef Stew Roasted Vegetables WW Roll</p>	<p>25 Sausage & Pepper Sandwich Chips Cole Slaw WW Roll Peaches</p>
<p>28 Fajita Style Chicken w/ Peppers & Onions White Rice WW Roll Sliced Pears</p>	<p>29 Pork Scallopini Roasted Potatoes Green Beans WW Roll Fresh Fruit</p>	<p>30 Grilled Chicken Roasted Zucchini Spanish Rice WW Roll</p>	<p>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens <i>Funded in part by the US Administration on Aging and the Rhode Island Office of Healthy Aging</i></p>	

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