## St. Elizabeth Adult Day Memory Care Center

## February 2025



		101	/			
	MONDAY	TUESDAY		WEDNESDAY	THURSDAY	FRIDAY
	Did the Groundhog see his 3 shadow? The Day The Music Died: Music of Buddy Holly & Richie Valens	Winter J-I-N-G-O Stretch & Flex Morning Tea Talk Color Me Calm	4	Baking: Mini Cherry Pies 5 Magnetic Darts Left Right Center Wheel Of Fortune Teams	Winter Fact Or Fiction 6 Watercolor Salt Art Embroidery With Maria Boggle Words	Tabletop Hopscotch 7 Resistance Band Workout Name That T.V Sitcom Music & Memory
	Superbowl Recap 10 Football Toss Cotton Ball Snowman Painting Game That Song	Stained Glass Heart 1 Suncatchers Tower Ring Toss What's That Jingle	1	The Worst Case Scenario 12 Table Tennis Talking Point Conversation Cards How Many Can You Find	Roll A Heart Game 13 Baking: Heart Shaped Sugar Cookies Sit & Be Fit Exercises	Candy Match 14 Get Moving: Toss a Heart Apples To Apples Name That "Heart" Tune
t	CLOSED  HAPPY PRESIDENT'S DAY	Art: Handprint Winter 1 Cardinals Four In A Line Winter 3 Words Game Ice Breakers	8	Weighted Chair Exercise 19 Past And Present Pairs Cover The Number Shake Loose A Memory	Who Sang It? 20 Qubosity: The Game Of Questions Music & Dance with: The Grace Notes	Tell Me 5 in 3 21 Seated Workouts Twister With A Twist Dice Bingo
	Baking: Banana Bread <b>24</b> Penny Ante Aromatherapy Relaxation Get Moving: Shuffleboard	80's Dance Exercise 2 T.V Commercial Trivia Let It Snow: Paint Word Unscrambles	25	Cardboard Stamping Art 26 Finish The Story Remembering Johnny Cash: Music & Memories Chair Aerobics	Morning Music 27 Performance by Robert Black: Elvis Impersonator Elvis Roll & Tell Game Music Stars Bingo	Fun Fit Friday  A-Z Think Fast Game Tic Toe Dice What's The Scoop? Ice Cream Friday
1						