


January 2025 Activities-Cove

Sun	Mon	Tue	Wed	Thu	Fri	Sat
B-Bay C-Cove H-Hill CH-Chapel CS-Coffee Snop 	*Activities are subject to change ** Independent leisure materials available, please see an activity team member for assistance		1 9:30 Daily Chronicle/Mail 10:30 Rosary, CH 11:15 Hand Massages 12:00 Lunch 2:00 Movie Matinee  3:30 Sunshine Visits 6:00 Family Affair	2 9:30 Daily Chronicle/Mail 10:00 Communion, A 11:00 Big Ball Bounce 12:00 Lunch 2:00 Balloon Volley  3:30 Coffee Hour 6:00 Lawrence Welk	3 9:30 Daily Chronicle/Mail 10:00 Coffee Shop, CS 11:00 Episcopal Mass, CH 12:00 Lunch 2:00 Healthy Steps, B  3:30 Bible Study w/Rudy, CH 6:00 Price is Right	4 9:30 Daily Chronicle/Mail 10:00 Coffee Shop, CS 11:30 Deacon Steve, CH 12:00 Lunch 2:00 Residents' Choice 3:30 Sunshine Visits
5 10:00 Daily Chronicle/Mail 11:00 Table Talk  12:00 Lunch 2:00 Paint & Create 3:30 Healthy Steps	6 10:00 Daily Chronicle/Mail 11:00 Chair Yoga w/ Catherine 11:45 Bible Chat w/Rudy, CH  12:00 Lunch 2:00 Music Speaks w/Garo 3:30 Healthy Steps 6:00 Who Am I?	7 9:30 Daily Chronicle/Mail 10:00 Coffee Talk, B  11:00 Big Ball Bounce 12:00 Lunch 3:00 Art Expression w/Essence, CS 3:30 Fancy Fingers 6:00 Finish the Lyrics	8 9:30 Daily Chronicle/Mail 10:30 Rosary, CH 11:15 Hand Massages 12:00 Lunch 2:00 Suzie Q Sing Along 3:30 Sunshine Visits 6:00 Elvis Movie	9 9:30 Daily Chronicle/Mail 10:00 Communion, A 11:00 Big Ball Bounce 12:00 Lunch 2:00 Residents' Choice 3:30 Snack Attack 6:00 Donny & Marie	10 9:30 Daily Chronicle/Mail 10:00 Coffee Shop, CS 11:00 Sensory Circle, B 12:00 Lunch 2:00 Music w/Don 3:30 Bible Study w/Rudy, CH 6:00 Color My World	11 9:30 Daily Chronicle/Mail 10:00 Coffee Shop, CS 11:30 Deacon Steve, CH 12:00 Lunch 2:00 Music Memories 3:30 Roll & Stroll
12 10:00 Daily Chronicle/Mail 11:00 Table Talk  12:00 Lunch 2:00 Paint & Create 3:30 Walk with Me	13 10:00 Daily Chronicle/Mail 11:00 Chair Yoga w/ Catherine 11:45 Bible Chat w/Rudy, CH 12:00 Lunch 2:00 Sing Along 3:30 Healthy Steps 6:00 Evening Chat	14 9:30 Daily Chronicle/Mail 10:00 Coffee Talk, B  11:00 Big Ball Bounce 12:00 Lunch 3:00 Art Expression w/Essence, CS 3:30 Fancy Fingers 6:00 Songbirds	15 9:30 Daily Chronicle/Mail 10:30 Rosary, CH 11:15 Hand Massages 12:00 Lunch 2:00 Healthy Steps 3:30 Sunshine Visits 6:00 Match Game	16 9:30 Daily Chronicle/Mail 10:00 Communion, A 11:00 Big Ball Bounce  12:00 Lunch 2:00 Painting Fun! 3:30 Snack & Chat 6:00 Travel w/Rick Steves	17 9:30 Daily Chronicle/Mail 10:00 Coffee Shop, CS 11:00 Sensory Circle, B 12:00 Lunch 2:00 Floral Workshop, CS 3:30 Bible Study w/Rudy, CH 6:00 Creative Coloring	18 9:30 Daily Chronicle/Mail 10:00 Coffee Shop, CS 11:30 Deacon Steve, CH 12:00 Lunch 2:00 Let's Move 3:30 Sing Along
19 10:00 Daily Chronicle/Mail 11:00 Table Talk  12:00 Lunch 2:00 Paint & Create 3:30 Let's Stretch	20 10:00 Daily Chronicle/Mail 11:00 Chair Yoga w/ Catherine 11:45 Bible Chat w/Rudy, CH  12:00 Lunch 1:30 Catholic Mass w/Fr. Healey, CH 2:00 Music Speaks w/Garo 6:00 Color Relaxation	21 9:30 Daily Chronicle/Mail 10:00 Coffee Talk, B  11:00 Big Ball Bounce 12:00 Lunch 3:00 Art Expression w/Essence, CS 6:00 Lawrence Welk	22 9:30 Daily Chronicle/Mail 10:30 Rosary, CH 11:15 Hand Massages 12:00 Lunch 2:00 Color Me Pretty 3:30 Sunshine Visits 6:00 Golden Girls	23 9:30 Daily Chronicle/Mail 10:00 Communion, A 11:00 Big Ball Bounce  12:00 Lunch 2:00 Gary & his Guitar 3:30 Let's Stretch 6:00 Evening Chat	24 9:30 Daily Chronicle/Mail 10:00 Coffee Shop, CS 11:00 Sensory Circle  12:00 Lunch 2:00 Pendola Performs 3:30 Bible Study w/Rudy, CH 6:00 Let's Talk About It	25 9:30 Daily Chronicle/Mail 10:00 Coffee Shop, CS 11:30 Deacon Steve, CH 12:00 Lunch  2:00 Movie Matinee 3:30
26 10:00 Daily Chronicle/Mail 11:00 Table Talk  12:00 Lunch 2:00 Paint & Create 3:30 Roll & Stroll	27 10:00 Daily Chronicle/Mail 11:00 Chair Yoga w/Catherine, B 11:45 Bible Chat w/ Rudy, CH 12:00 Lunch 2:00 Color My World 3:30 Let's Stretch 6:00 Finish the Phrase	28 9:30 Daily Chronicle/Mail 10:00 Coffee Talk, B  11:00 Big Ball Bounce 12:00 Lunch 3:00 Art Expression w/Essence, CS 3:30 Snack & Chat 6:00 Puzzles	29 9:30 Daily Chronicle/Mail 10:30 Rosary, CH 11:15 Hand Massages 12:00 Lunch 2:00 Healthy Steps 3:30 Sunshine Visits 6:00 Relax & Chat	30 9:30 Daily Chronicle/Mail 10:00 Communion, A 11:00 Big Ball Bounce  12:00 Lunch 2:00 Movie Matinee 3:30 Walk w/Me 6:00 Armchair Travel	31 9:30 Daily Chronicle/Mail 10:00 Coffee Shop, CS 11:00 Episcopal Mass, CH 12:00 Lunch  2:00 Sing w/Chris Monti 3:30 Bible Study w/Rudy, CH 6:00 Color Relaxation	