January 2025 Happenings at the Apponaug Center

Monday	Tuesday	Wednesday	Thursday	Friday
Please Join Us for: A Variety of Exercise Programs for mobility & movement disorders, Adaptive games, Nu -Step Recumbent Bikes, Rosary, Interactive Games & Activities on Apple TV & I-pads Music Therapy Monthly, Nail & Hand Care, Pet Therapy & much more! Call for more info!		1. New Years Day Center Closed	2. Drop Cup New Year Superstitions Apponaug Bucket List Giant Yahtzee	3. Minute to win it Famous Firsts Rack-o Culinary Arts
6. Wii Games	7. Bowling League	8. Ladder Ball	9. Putt-Putt mini course	10. <u>Music Therapy Class</u> Pip Fall
Origami 101 ∉ Famous Faces: Jan. Birthdays ∉	DIY: 2025 Calendar Story Quiz ∉	2025 Time capsule World Curiosities	Mixed media Keychains Over or under €	Six Second Scribbles Current Events
Cards vs Gravity	Tenzi Dice Game	Headbands: Occupations	Culinary Arts	Boggle Words
13. Battle Bags Origami 101€ Travel Back: Famous Ads€ The Price is Rite €	14. Minute to win it DIY: 2025 Calendar Slang through the decades Culinary Arts	15. Olley Ball Homemade Chapstick Letter Pool Zoomed in €	16. Moving Target Practice Homemade Chapstick class #2 Memory Where in the World?	17. Cliff hanger Gelli plate prints Current Events Relaxation & Meditation
20. MLK Day Center Closed	21. Pop Darts DIY: 2025 Calendar Riddle me this! € Fact or Fiction	22. Wii Games Poly Clay Class: earrings Tapple word game Culinary Arts	23. Shuffleboard The best & worst advice Magnetic Chess Kazoo the tune	24. Pro- Pitch Baseball Wild Card Drawings Current Events What do you hear: Instruments
27. Bulz-y-buckets Origami 101 Today in History Culinary arts: Fortune Cookies	28. Basket Tower DIY: 2025 Calendar Lifetime line up Brain games: Anagrams	29. Minute to win it Resin dried flower pendant Where do we begin? The Hot Seat	30. Build your own pizza X's and O's Photo Transfer Project Like Minds Match Madness	31. Spring & Score Decorative Coasters Sequence Name the tune & artist