



October 2024-Activities-The Cove



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>1</p> <p>10:00 Coffee Hour 11:00 Morning Moves 12:00 Lunch 1:30 Tai Chi w/Michelle 3:30 Sunshine Visits 6:15 Residents' Choice</p>	<p>2</p> <p>10:00 Daily Chronicle 10:30 Rosary Group 12:00 Lunch 2:00 Name Game 3:30 Sittercize 6:15 Armchair Travel</p>	<p>3</p> <p>10:00 Communion 11:00 Sorting Fun 12:00 Lunch 2:00 Pet Therapy Visits 3:30 Let's Stretch 6:15 Sing Along</p>	<p>4</p> <p>10:00 Coffee & Chronicle 11:00 Episcopal Mass 12:00 Lunch 2:00 Movie Matinee 3:30 Sunshine Visits 6:15 Wheel of Fortune</p>	<p>5</p> <p>10:00 Sit & Be Fit 11:30 Deacon Steve 12:00 Lunch 2:00 Residents' Choice 3:30 Move & Groove 6:15 Reminiscing</p>
<p>6</p> <p>10:00 Catholic TV Mass 11:00 Sunshine Visits 12:00 Lunch 2:00 Classic Games 3:30 Move & Groove 6:15 Armchair Travel</p>	<p>7</p> <p>10:00 Chair Yoga w/Katherine 11:00 Bean Bag Toss 12:00 Lunch 2:00 Residents' Choice 3:30 Color Me Pretty 6:15 Malt Shop Memories</p>	<p>8</p> <p>10:00 Daily Chronicle 11:00 Healthy Steps 12:00 Lunch 1:30 Tai Chi w/Michelle 3:30 Word Search Fun 6:15 Sonny & Cher</p>	<p>9</p> <p>BINGO 10:00 Daily Chronicle 10:30 Rosary Group 12:00 Lunch 2:00 Bingo 3:30 Sunshine Visits 6:15</p>	<p>10</p> <p>10:00 Communion 11:00 Sunshine Visits 12:00 Lunch 2:00 Pet Therapy Visits 3:30 Puzzles 6:15 Color Relaxation</p>	<p>11</p> <p>BINGO 10:00 Coffee & Chronicle 11:00 Episcopal Mass 12:00 Lunch 2:00 Bingo 3:30 Let's Move 6:15 Wheel of Fortune</p>	<p>12</p> <p>10:00 Coffee Talk 11:30 Deacon Steve 12:00 Lunch 2:00 Jigsaws & Jazz 3:30 Bend & Stretch 6:15 Evening Movie</p>
<p>13</p> <p>10:00 Catholic TV Mass 11:00 Balloon Volley 12:00 Lunch 2:00 Sing Along 3:30 Name Game 6:15 Wheel of Fortune</p>	<p>14</p> <p><u>Columbus Day</u> 10:00 Chair Yoga w/Katherine 11:00 Coffee Chat 12:00 Lunch 2:00 Balloon Volley 3:30 Singing the Oldies 6:15 Golden Girls</p>	<p>15</p> <p>10:00 Daily Chronicle 11:00 Spelling Bee 12:00 Lunch 1:30 Tai Chi w/Michelle 3:30 Relax & Chat 6:15 Let's Sort It</p>	<p>16</p> <p>BINGO 10:00 Daily Chronicle 10:30 Rosary Group 12:00 Lunch 2:00 Bingo 3:30 Coffee Chat 6:15 Match Game</p>	<p>17</p> <p>10:00 Communion 11:00 Morning Stroll 12:00 Lunch 2:00 Pet Therapy Visits 3:30 Color My World 6:15 Puzzles</p>	<p>18</p> <p>BINGO 10:00 Coffee & Chronicle 11:00 Sunshine Visits 12:00 Lunch 2:00 Bingo 3:30 Sing Along 6:15 Price is Right</p>	<p>19</p> <p>10:00 Morning Moves 11:30 Deacon Steve 12:00 Lunch 2:00 Word Search Fun 3:30 Sittercize 6:15 Relax & Chat</p>
<p>20</p> <p>10:00 Catholic TV Mass 11:00 Noodle Stretch 12:00 Lunch 2:00 Music Memories 3:30 Healthy Steps 6:15 Music Memories</p>	<p>21</p> <p>10:00 Chair Yoga w/Katherine 11:00 Finish the Phrase 12:00 Lunch 2:15 7-UP 3:30 Color My World 6:15 Relax & Chat</p>	<p>22</p> <p>10:00 Daily Chronicle 11:00 Residents' Choice 12:00 Lunch 2:15 Crafting Circle 3:30 Song Birds 6:15 Reminiscing</p>	<p>23</p> <p>BINGO 10:00 Daily Chronicle 10:30 Rosary Group 12:00 Lunch 2:15 Bingo 3:30 Reminiscing 6-7:30 Pumpkin Walk</p>	<p>24</p> <p>10:00 Communion 11:00 Balloon Volley 12:00 Lunch 2:00 Pet Therapy Visits 3:30 Coffee Talk 6:15 Wheel of Fortune</p>	<p>25</p> <p>BINGO 10:00 Coffee & Chronicle 11:00 Sunshine Visits 12:00 Lunch 2:00 Bingo 3:30 Finish the Lyric 6:15 Armchair Travel</p>	<p>26</p> <p>10:00 Sit & Stretch 11:30 Deacon Steve 12:00 Lunch 2:00 Coffee Hour 3:30 Who Am I? 6:15 Name that Tune</p>
<p>27</p> <p>10:00 Catholic TV Mass 11:00 Sit & Be Fit 12:00 Lunch 2:00 Residents' Choice 3:30 Puzzles 6:15 Color Relaxation</p>	<p>28</p> <p>10:00 Chair Yoga w/Katherine 11:00 Chair Yoga 12:00 Lunch 1:30 Catholic Mass w/Fr. Healy 3:30 Bottoms Up 6:00 Wheel of Fortune</p>	<p>29</p> <p>10:00 Daily Chronicle 11:00 Sunshine Visits 12:00 Lunch 1:30 Tai Chi w/Michelle 3:30 Fancy Fingers 6-7:30 Trunk or Treat</p>	<p>30</p> <p>BINGO 10:00 Daily Chronicle 10:30 Rosary Group 12:00 Lunch 2:15 Bingo 3:30 Music Memories 6:15 Evening Stretch</p>	<p>31</p> <p><u>Halloween</u> 10:00 Communion 11:00 Healthy Steps 12:00 Lunch 2:00 Monster Mash 3:30 Relax & Chat 6:15 Armchair Travel</p>	 <p>*Activities are subject to change*</p> <p>**Independent leisure materials available, please see an activity team member for assistance.</p>	