

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2024

								10:00 FITNESS FRIDAY 11:00 CATHOLIC SERVICE YOU TUBE 1:30 CHAIR EXERCISE 2:30 SIMPLE BINGO 3:30 GUESS THE PICTURE 4:00 BALL TOSS 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	1	10:00 CHAIR EXERCISE 10:30 VELCRO DARTS 11:00 RING TOSS 11:30 SET UP FOR LUNCH 1:30 BEACH BALL VOLLEY 2:30 BUSY HANDS 3:30 PUZZLES & STUFF 4:30 SET UP FOR DINNER 6:30 RELAX & UNWIND	2		
10:00 MOVE & GROOVE 10:30 ANYTHING GOES 11:00 BIG BALL KICKBALL 11:30 SET UP FOR LUNCH 1:30 MUSIC SING ALONG 2:30 CREATIVE CORNER 3:30 PUZZLES & STUFF 4:00 CHAIR EXERCISE 6:30 RELAX & UNWIND	3	10:00 CHAIR YOGA 10:30 VELCRO DARTS 11:00 RING TOSS 11:30 SET UP FOR LUNCH 1:30 BEACH BALL VOLLEY 2:00 MUSIC SPEAKS W/ GARO 3:30 PUZZLES & STUFF 4:30 SET UP FOR DINNER 6:30 RELAX & UNWIND	4	10:00 BIG BALL BOUNCE 10:30 CHAIR EXERCISE 11:00 MATCH GAME 11:30 SET UP FOR LUNCH 1:30 TAI CHI 2:30 COLOR BINGO 3:30 ANYTHING GOES 4:00 MUISC DANCE PARTY 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	5	10:00 MOVE & GROOVE 10:30 ANYTHING GOES 11:00 BIG BALL KICKBALL 11:30 SET UP FOR LUNCH 1:30 MUSIC SING ALONG 2:30 CREATIVE CORNER 3:30 PUZZLES & STUFF 4:00 CHAIR EXERCISE 6:30 RELAX & UNWIND	6	10:00 COMMUNION 10:30 VOLLEYBALL 11:00 STRENGTHEN OUR VOICE SING ALONG 11:30 GET READY FOR LUNCH 2:00 GARY ENTERTAINMENT 3:00 GUESS THE PICTURE 3:30 PUZZLES & STUFF 4:00 SING AND CHAIR DANCE 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	7	10:00 FITNESS FRIDAY 11:00 CHRISTIAN SERVICE YOU TUBE 1:30 PET THERAPY W/TOOSHIE & FORREST 2:30 GUESS THE PICTURE 3:00 NAME THAT TUNE 4:00 BALL TOSS 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	8	10:00 CHAIR EXERCISE 10:30 VELCRO DARTS 11:00 RING TOSS 11:30 SET UP FOR LUNCH 1:30 BEACH BALL VOLLEY 2:30 BUSY HANDS 3:30 PUZZLES & STUFF 4:30 SET UP FOR DINNER 6:30 RELAX & UNWIND	9
10:00 MOVE & GROOVE 10:30 ANYTHING GOES 11:00 BIG BALL KICKBALL 11:30 SET UP FOR LUNCH 1:30 MUSIC SING ALONG 2:30 CREATIVE CORNER 3:30 PUZZLES & STUFF 4:00 CHAIR EXERCISE 6:30 RELAX & UNWIND	10	10:00 CHAIR YOGA 10:30 VELCRO DARTS 11:00 RING TOSS 11:30 SET UP FOR LUNCH 1:30 BEACH BALL VOLLEY 2:30 BUSY HANDS 3:30 PUZZLES & STUFF 4:30 SET UP FOR DINNER 6:30 RELAX & UNWIND	11	10:00 BIG BALL BOUNCE 10:30 CHAIR EXERCISE 11:00 MATCH GAME 11:30 SET UP FOR LUNCH 1:30 TAI CHI 2:30 COLOR BINGO 3:30 ANYTHING GOES 4:00 MUISC DANCE PARTY 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	12	10:00 MOVE & GROOVE 10:30 ANYTHING GOES 11:00 BIG BALL KICKBALL 11:30 SET UP FOR LUNCH 1:30 MUSIC SING ALONG 2:00 LADY D ENTERTIANMENT 3:30 PUZZLES & STUFF 4:00 CHAIR EXERCISE 6:30 RELAX & UNWIND	13	10:00 COMMUNION 10:30 VOLLEYBALL 11:00 STRENGTHEN OUR VOICE SING ALONG 11:30 GET READY FOR LUNCH 1:30 CHAIR EXERCISE 2:30 MATCH GAME 3:00 GUESS THE PICTURE 3:30 PUZZLES & STUFF 4:00 SING AND CHAIR DANCE 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	14	10:00 FITNESS FRIDAY 10:30 BIG BALL KICK BALL 11:00 THE DICE GAME 11:30 SET UP FOR LUNCH 1:30 CHAIR EXERCISE 2:30 SAINT PATTY'S CRAFT 3:30 GUESS THE PICTURE 4:00 BALL TOSS 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	15	10:00 CHAIR EXERCISE 10:30 VELCRO DARTS 11:00 RING TOSS 11:30 SET UP FOR LUNCH 1:30 BEACH BALL VOLLEY 2:30 BUSY HANDS 3:30 PUZZLES & STUFF 4:30 SET UP FOR DINNER 6:30 RELAX & UNWIND	16
Daylight Saving Time Begins													
10:00 MOVE & GROOVE 10:30 ANYTHING GOES 11:00 BIG BALL KICKBALL 11:30 SET UP FOR LUNCH 1:30 MUSIC SING ALONG 2:30 CREATIVE CORNER 3:30 PUZZLES & STUFF 4:00 CHAIR EXERCISE 6:30 RELAX & UNWIND	17	10:00 CHAIR YOGA 10:30 VELCRO DARTS 11:00 RING TOSS 11:30 SET UP FOR LUNCH 1:30 BEACH BALL VOLLEY 2:00 MUSIC SPEAKS W/ GARO 3:30 PUZZLES & STUFF 4:30 SET UP FOR DINNER 6:30 RELAX & UNWIND	18	10:00 BIG BALL BOUNCE 10:30 CHAIR EXERCISE 11:00 MATCH GAME 11:30 SET UP FOR LUNCH 1:30 TAI CHI 2:30 SHAMROCK SHAKES 3:30 ANYTHING GOES 4:00 MUISC DANCE PARTY 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	19	10:00 MOVE & GROOVE 10:30 ANYTHING GOES 11:00 BIG BALL KICKBALL 11:30 SET UP FOR LUNCH 1:30 MUSIC SING ALONG 2:30 SPRING SUNCATCHERS 3:30 PUZZLES & STUFF 4:00 CHAIR EXERCISE 6:30 RELAX & UNWIND	20	10:00 COMMUNION 10:30 VOLLEYBALL 11:00 STRENGTHEN OUR VOICE SING ALONG 11:30 GET READY FOR LUNCH 1:30 PET THERAPY W/TOOSHIE & FORREST 2:30 MATCH GAME 3:00 GUESS THE PICTURE 3:30 PUZZLES & STUFF 4:00 SING AND CHAIR DANCE 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	21	10:00 FITNESS FRIDAY 10:30 BIG BALL KICK BALL 11:00 THE DICE GAME 11:30 SET UP FOR LUNCH 1:30 CHAIR EXERCISE 2:30 SIMPLE BINGO 3:30 GUESS THE PICTURE 4:00 BALL TOSS 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	22	10:00 CHAIR EXERCISE 10:30 VELCRO DARTS 11:00 RING TOSS 11:30 SET UP FOR LUNCH 1:30 BEACH BALL VOLLEY 2:30 BUSY HANDS 3:30 PUZZLES & STUFF 4:30 SET UP FOR DINNER 6:30 RELAX & UNWIND	23
St. Patrick's Day			Spring Begins								Purim Begins		
10:00 MOVE & GROOVE 10:30 ANYTHING GOES 11:00 BIG BALL KICKBALL 11:30 SET UP FOR LUNCH 1:30 MUSIC SING ALONG 2:30 CREATIVE CORNER 3:30 PUZZLES & STUFF 4:00 CHAIR EXERCISE 6:30 RELAX & UNWIND	24	10:00 CHAIR YOGA 10:30 VELCRO DARTS 11:00 RING TOSS 11:30 SET UP FOR LUNCH 1:30 BEACH BALL VOLLEY 2:30 BUSY HANDS 3:30 PUZZLES & STUFF 4:30 SET UP FOR DINNER 6:30 RELAX & UNWIND	25	10:00 BIG BALL BOUNCE 10:30 CHAIR EXERCISE 11:00 MATCH GAME 11:30 SET UP FOR LUNCH 1:30 TAI CHI 2:30 COLOR BINGO 3:30 ANYTHING GOES 4:00 MUISC DANCE PARTY 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	26	10:00 MOVE & GROOVE 10:30 ANYTHING GOES 11:00 BIG BALL KICKBALL 11:30 SET UP FOR LUNCH 1:30 MUSIC SING ALONG 2:30 CREATIVE CORNER 3:30 PUZZLES & STUFF 4:00 CHAIR EXERCISE 6:30 RELAX & UNWIND	27	10:00 COMMUNION 10:30 VOLLEYBALL 11:00 STRENGTHEN OUR VOICE SING ALONG 11:30 GET READY FOR LUNCH 1:30 CHAIR EXERCISE 2:30 MATCH GAME 3:00 GUESS THE PICTURE 3:30 PUZZLES & STUFF 4:00 SING AND CHAIR DANCE 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	28	10:00 FITNESS FRIDAY 10:30 BIG BALL KICK BALL 11:00 THE DICE GAME 11:30 SET UP FOR LUNCH 1:30 CHAIR EXERCISE 2:30 SIMPLE BINGO 3:30 GUESS THE PICTURE 4:00 BALL TOSS 4:30 GETTING READY FOR DINNER 6:30 RELAX & UNWIND	29	10:00 CHAIR EXERCISE 10:30 VELCRO DARTS 11:00 RING TOSS 11:30 SET UP FOR LUNCH 1:30 BEACH BALL VOLLEY 2:30 BUSY HANDS 3:30 PUZZLES & STUFF 4:30 SET UP FOR DINNER 6:30 RELAX & UNWIND	30
Palm Sunday													
10:00 MOVE & GROOVE 10:30 ANYTHING GOES 11:00 BIG BALL KICKBALL 11:30 SET UP FOR LUNCH 1:30 MUSIC SING ALONG 2:30 CREATIVE CORNER 3:30 PUZZLES & STUFF 4:00 CHAIR EXERCISE 6:30 RELAX & UNWIND	31	<p>12:00 LUNCH TIME 2:00 SNACK TIME 5:00 DINNER TIME</p> <p>ACTIVITIES ARE SUBJECT TO CHANGE</p>											
Easter Sunday													