



**For Immediate Release**  
**June 8, 2015**

### **Saint Elizabeth Community Exemplary in Worksite Health**

**Warwick**> Saint Elizabeth Community received the Exemplary Award for Worksite Health from Blue Cross Blue Shield at the 21<sup>st</sup> Annual Worksite Wellness Award Ceremony held June 4, 2015 at the Crown Plaza.

“We are thrilled to receive the Exemplary Award,” says Steven J. Horowitz, President and CEO of Saint Elizabeth Community. “Our wellness motto is ‘*Care to be Fit, so you are Fit to Care,*’ ” he continues; “we are in the business of caring for people and it is very important that each staff member takes care of his or her health first.”

Saint Elizabeth Community’s Wellness Committee meets monthly and puts forth many wellness educational and interactive activities for staff. “We talk about a healthy lifestyle and support our employees by offering education and also activities to encourage healthy living,” says Beth Russell the chair of Saint Elizabeth Community’s Wellness Committee. The committee is comprised of staff and Laura Kavanaugh of Blue Cross Blue Shield and Dave Farrell of Schuster Driscoll. Horowitz concludes, “Together we have achieved this award and we look forward to continuing to support and encourage all staff to take care of themselves!”

Saint Elizabeth Community ([www.stelizabethcommunity.org](http://www.stelizabethcommunity.org)) is a not for profit provider of care and services to seniors with ten RI locations and over 500 employees. Locations include nursing and rehab centers, affordable assisted living, adult day centers and affordable apartments for seniors and mobility impaired adults. Saint Elizabeth Community prides itself on being the organization *where RI seniors come first.*<sup>TM</sup>

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